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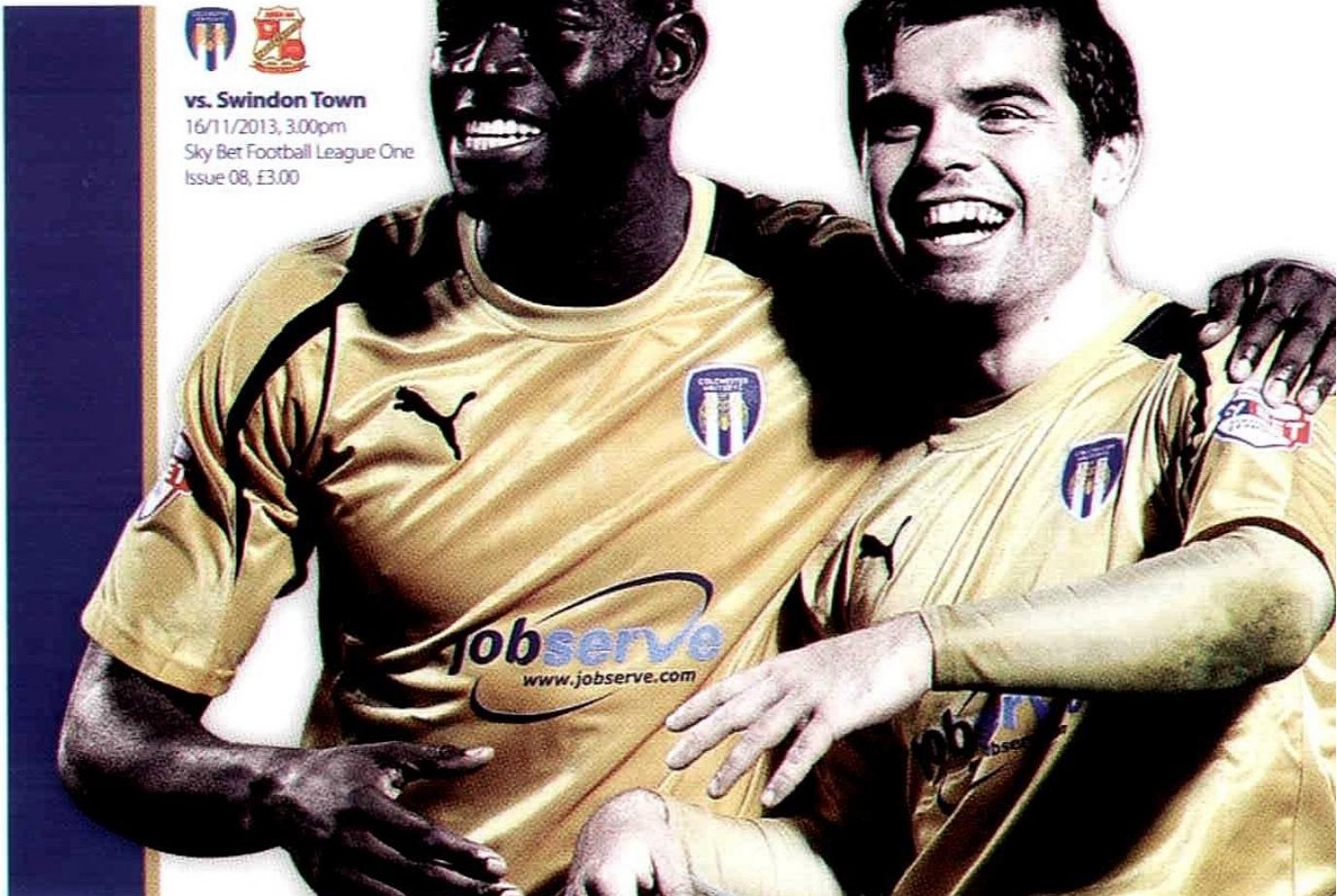
UNITED

THE OFFICIAL MATCHDAY PROGRAMME | CHESTER UNITED | 11/11/2013 | MILL CLUB | VOL. 76



vs. Swindon Town

16/11/2013, 3.00pm
Sky Bet Football League One
Issue 08, £3.00



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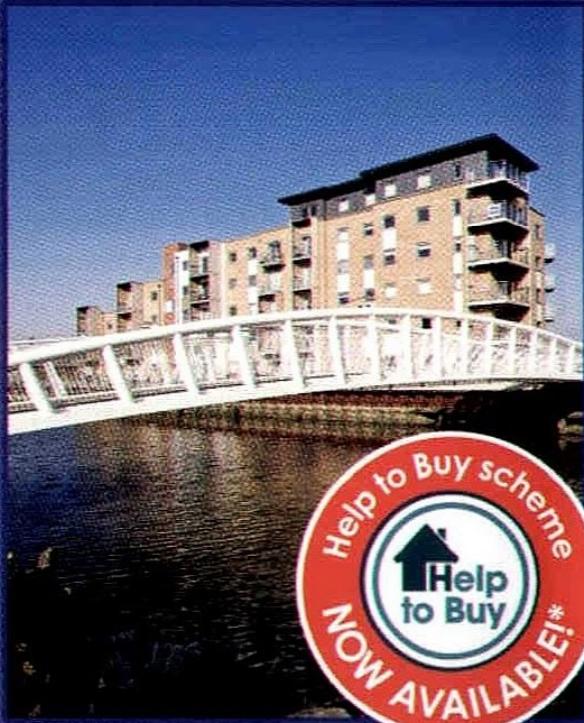
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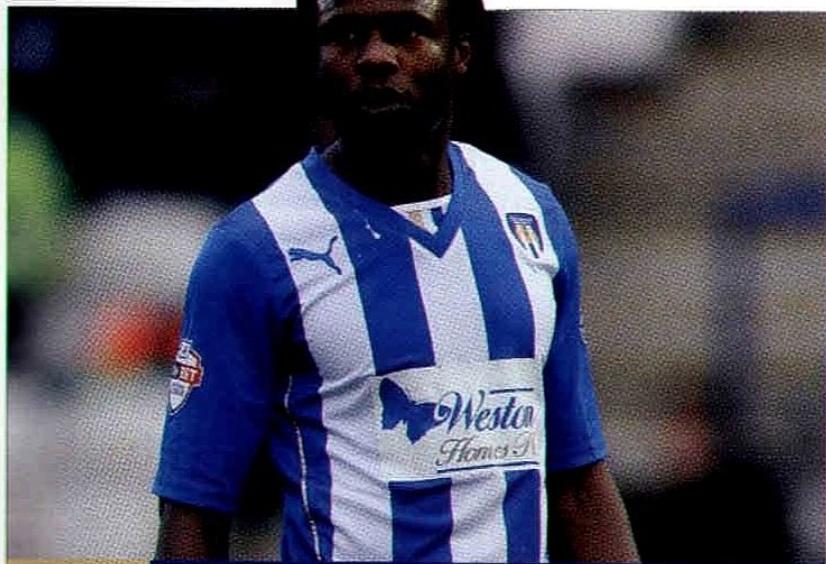


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WHAT'S INSIDE



FEATURE INTERVIEW: MARCUS BEAN

38

In what is an extremely youthful U's side, Marcus Bean is one of the older heads and tells *We Are United* how he has taken to his responsibilities, as well as his thoughts on recent performances.



07 - ACTION REPLAY

Despite a rousing second half fightback, the U's bowed out of the FA Cup last week and we have all the action for you here.



48 - THE U'S ACADEMY

The U18s progressed in the FA Youth Cup in midweek, with Tom Lapslie netting on his return from a long injury lay-off.



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League One Runners-Up: 2005/06
Division Three Play-Off Winners: 1997/98
Fourth Division Runners-Up: 1961/62
FA Trophy Winners: 1991/92
Football Conference Champions: 1991/92
Football Conference Runners-Up: 1990/91
Football League Trophy Runners-Up: 1996/97
Southern League Cup Winners: 1937/38, 1949/50
Watney Cup Winners: 1970/71
Essex Senior Cup Winners: 2009/10

MATCHDAY PROGRAMME



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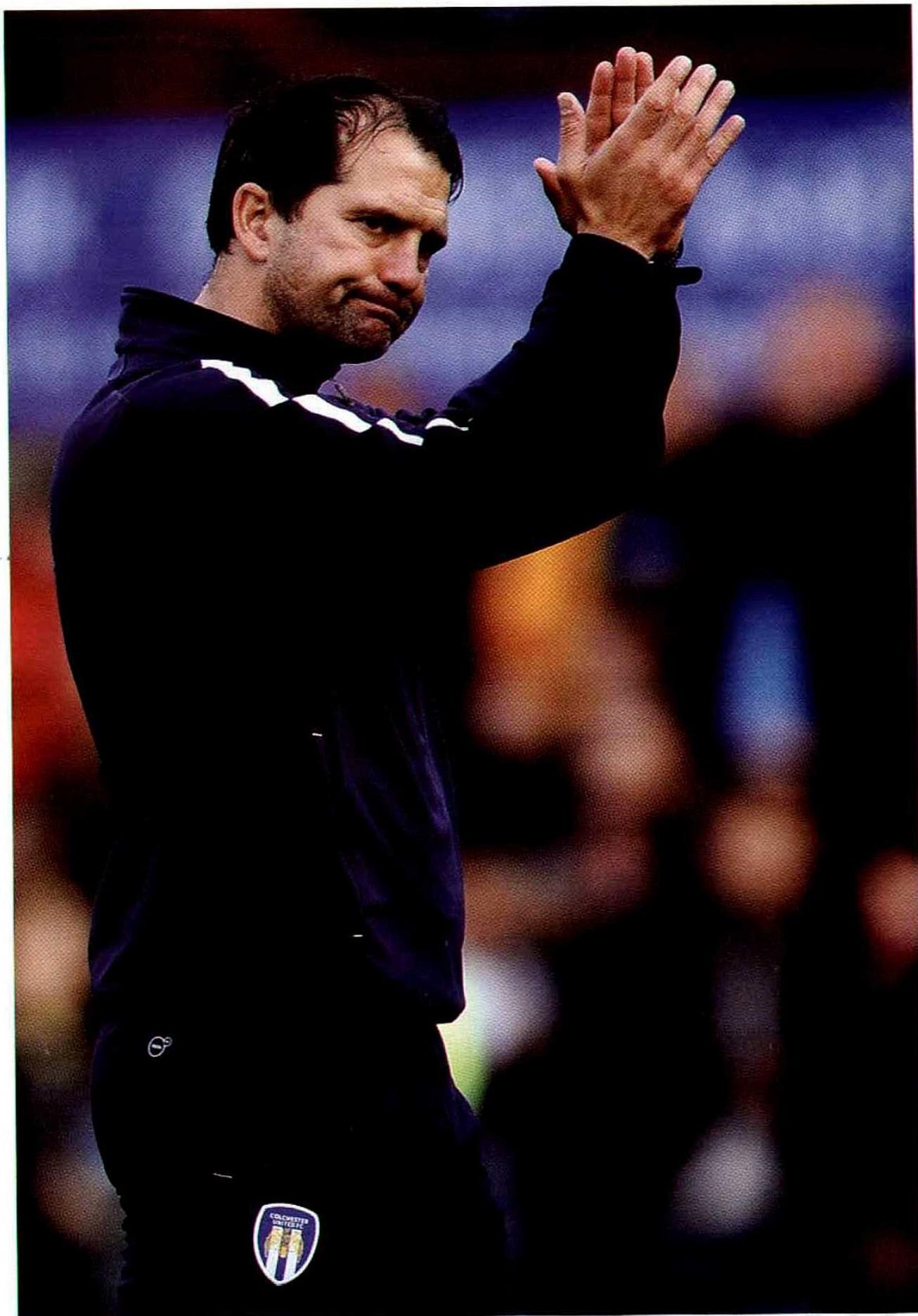
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JOE DUNNE

"AT HALF TIME WE SPOKE OF HOW THE BEST CUP TIES INVOLVED COMEBACKS - THEY PUT EVERYTHING INTO THE SECOND HALF"

Welcome back to this afternoon's match, as we return to Sky Bet League One action here at the Weston Homes Community Stadium.

We take on a Swindon Town side who, like us, went out of the FA Cup last weekend and will be, again like us, wanting a more positive result today.

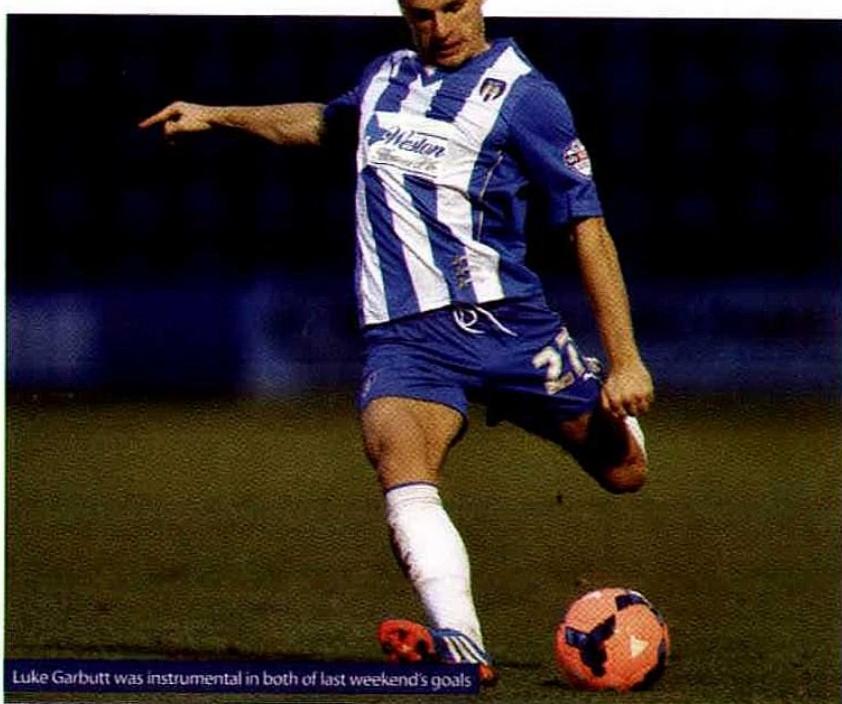
I extend my welcome to Mark Cooper, his players, staff and supporters and I hope they have a safe journey back across to Wiltshire later this evening. They have had a decent start and sit just outside the Play-Off positions so we'll have to be right on our game to get the result we want.

The result we wanted last weekend in the FA Cup didn't come and it was extremely disappointing and frustrating that we weren't in the hat for the second round draw on Sunday afternoon.

I made my feelings about the penalty decision very clear straight after the game but as annoyed as I was about that, it was the first half performance that irked me the most. We didn't get anywhere near them and it could have been more than a two goal deficit we were looking at when the half time whistle went.

During the half time break, we spoke about the best and most talked about cup ties and how a comeback was involved in the majority of them. I asked the lads to put everything into the second half performance and to their credit, they did exactly that.

Being two goals behind wasn't ideal but it



Luke Garbutt was instrumental in both of last weekend's goals

was certainly not game over and we tried to make sure that the players knew that there was still plenty to play for.

Within minutes, Macauley Bonne's natural ability to be in the right place at the right time allowed him to get on the end of Clinton Morrison's flick at the near post.

It was another great delivery from Luke Garbutt, who then scored himself with a fantastic strike from distance. We had hoped that things would go our way in the last twenty minutes but that penalty put paid to our FA Cup aspirations for another year.

You guys who were here were fantastic

in helping us get back in the game and really spurred the lads on. Your support is very much appreciated and there was a real sense of togetherness that got us going after the break.

Keep up the good work today and let's see if we can add three more points to our league tally.



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BLADES EDGE FA CUP CLASH

The U's were unfortunate to bow out of the FA Cup last Saturday as, despite a rousing comeback after the break, a controversial penalty denied them a Bramall Lane replay



COLCHESTER UNITED

Bonne 48, Garbutt 64

2



SHEFFIELD UNITED

Maguire 10, Walker 12(og), Porter 81(p)

3

MAN OF THE MATCH

Luke
GARBUTTSaturday 9th November 2013 • Weston Homes Community Stadium
Attendance: 2,509 (410 away) • Referee: Mr P Gibbs

Colchester were hugely unfortunate to fall out of the FA Cup First Round after an excellent comeback was overturned from the penalty spot in a five-goal thriller.

The away side Sheffield scored two in two minutes early on before finishing the job late on against the run of play and progressing to the next round.

The Blades on the front foot with a good early chance from Tony McMahon who forced a save from Sam Walker at his near post. It wasn't long before the away side had something to show for their efforts when Stephen McGinn's free kick met the head of Harry Maguire whose header gave his side the lead after nine minutes.

After Magnus Okuonghae's backpass was blocked, Sheffield United soon had a second in as many minutes as it set up Chris Porter.

The forward's shot deflected at the feet of Tom Eastman whose intervention sent

the ball spiralling past wrong-footed Sam Walker.

The U's soon recovered drove forward trying to get back into game and made good use of Luke Garbutt who saw a decent cross headed over by Macauley Bonne.

This was followed by an impressive power drive from Matt Hill who saw his long ranged effort ping off the crossbar, nearly

putting the away side three up.

Colchester finally settled down after a poor first 20 minutes and got a hold of the game with some decent build up play but no final product. Marcus Bean, Andy Bond and Luke Garbutt all saw shots go wide of the goal with the latter effort coming close from a free kick.

Following good chances from Bonne and Craig Eastmond whose injury time



shot ended up just wide of the post, Colchester ended the half still two goals down but giving a much better performance than was seen at the start of the game.

The U's looked to change the game and quickly made a half time substitution with Bond making way for Ryan Dickson which pushed Garbutt higher up the pitch. This move proved to be key as Garbutt's cross two minutes into the half created a goal for Colchester.

The perfectly swung in ball was knocked on by Clinton Morrison to Macauley Boone who headed the ball past Blades' keeper George Long to score his second goal in as many games.

Easily the best chance of the game fell to Porter who incredibly managed to miss from two yards unchallenged when he latched onto a drilled cross. The striker had the whole goal to tap the ball into but could only hit it straight into the hands of Sam Walker.

The goal-fest continued as Colchester found their deserved equaliser after 65 minutes.

A throw into the Sheffield box was headed out and taken down by Garbutt just outside of the box who took one touch to control the ball and a second to power the ball into the far corner.

U's keeper Walker played his

part in the comeback just three minutes later when he impressively saved Maguire's free header as the six foot four defender looked for his second goal of the game.

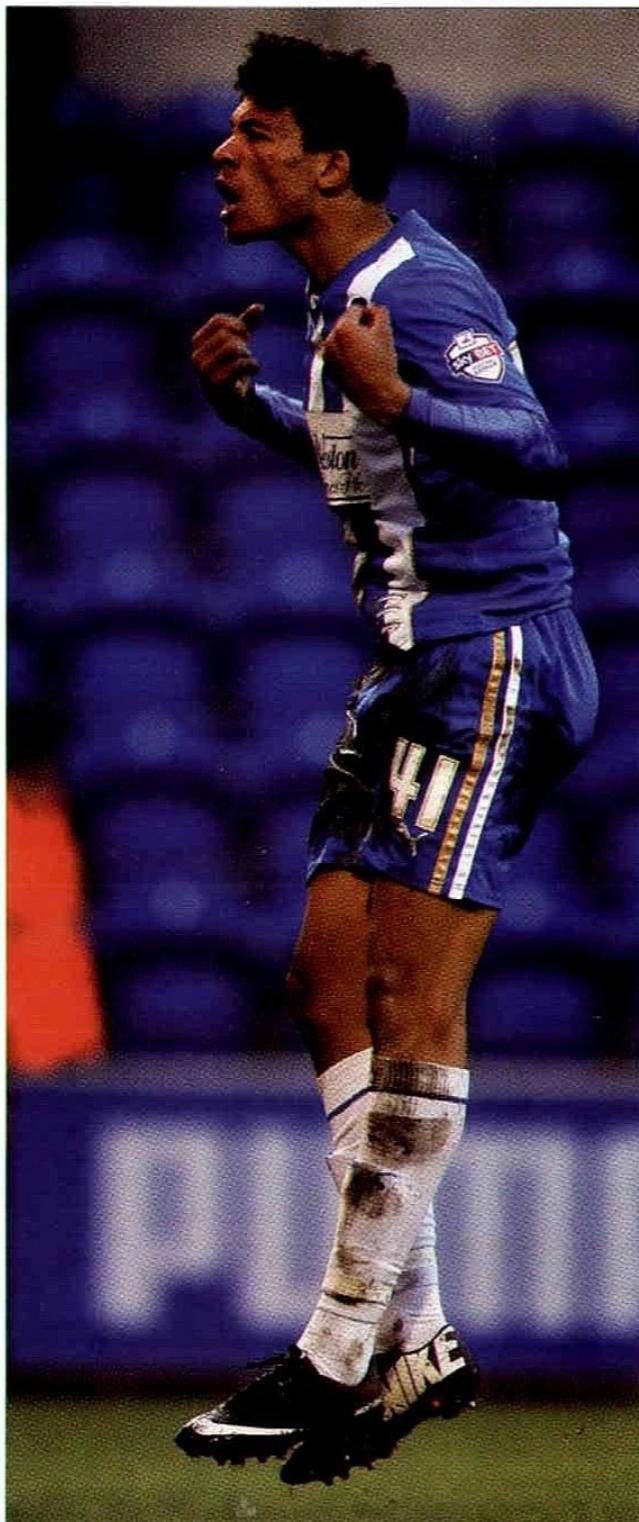
Sheffield looked to repair the damage from the bench with Jose Baxter and Ryan Flynn coming on for McGinn and Shaun Miller but struggled to get a hold of the game with U's coming close to a third through Bean and Garbutt.

Completely against the run of play referee Gibbs awarded the away side a penalty, penalizing Okounghae for a handball inside the area. Porter stepped up and placed the penalty down the centre to restore the Sheffield lead with ten minutes remaining.

U's looked to bounce back again with Dominic Vose and Sammie Szmodics coming on for Craig Eastmond and Macauley Boone but were left frustrated by decisions going against them and Sheffield who looked to run down the clock.

The five-goal game finished with much of the five minute injury time spent in the corners as the Blades defended their lead to record a first away win of the season in normal time.

Luke Garbutt was deservedly awarded Man of the Match for Colchester and provided some positives from a disappointing end result.



COLCHESTER (4-2-3-1)



44 Walker, 20 Wilson,
27 Garbutt, 15 Bean,
4 Okounghae, 18 Eastman,
14 Bond (Dickson 45),
6 Eastmond (Vose 79),
41 Boone (Szmodics 87),
9 Morrison, 22 Gilbey

SHEFFIELD UNITED (4-4-2)



25 Long, 29 McMahon,
6 Hill, 14 McGinn (Flynn 63),
5 Maguire, 15 Collins,
17 Coady, 8 Doyle, 12 Miller
(Baxter 75), 9 Porter (Taylor 90),
22 Lappin



Send us your views straight after the game on Twitter to **@ColU_Official** or via the **#colu** hashtag!

@jamesabur

Might be another **#colu** cup exit, but impressed with the second half spirit and performance

@MattSwingwood

After coming back to 2-2 I feel gutted with the result but above all I'm proud and encouraged by the spirit around the club and squad **#colu**

JOE DUNNE

"We were booed off at half-time and we gave the fans nothing to cheer about. I told my players that and that if they wanted the crowd on their side to show character."



"Our fans were magnificent in the second half and we gave them something to cheer. We showed lots of courage and to have it taken away by a really poor decision like that is gut-wrenching."



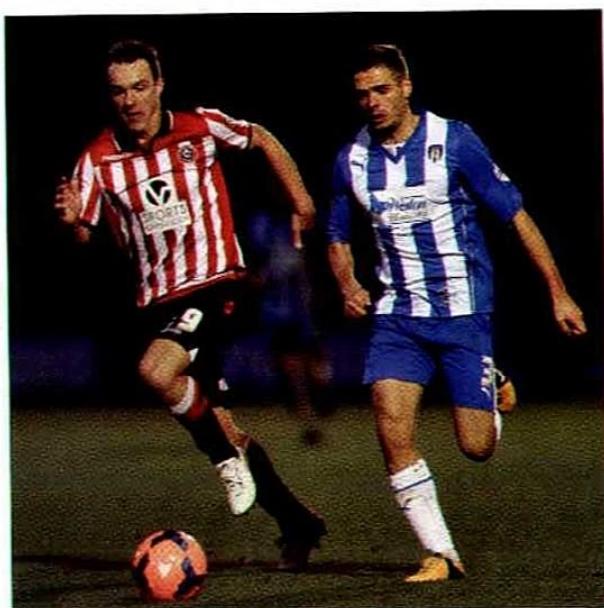
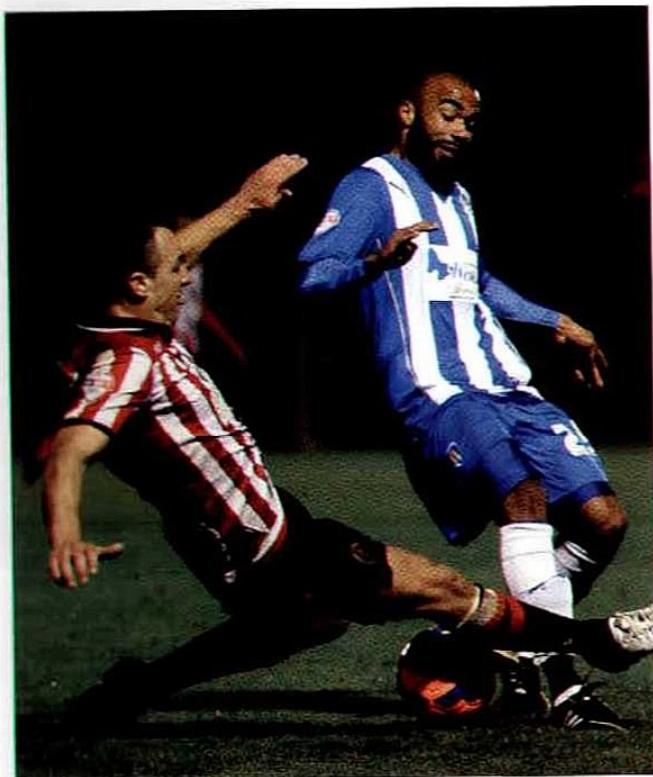
NIGEL CLOUGH

"The penalty was one where sometimes you get them, sometimes you don't - the linesman was close."



"It was nice that, after going two-up in a great opening period, we didn't sit back."

"We conceded the two goals, probably through a bit of naivety, we were probably a bit too forward, but we eventually got the win that we deserved."



TICKET OFFICE

GET YOUR TICKETS TODAY ON EITHER
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This season, Colchester United's supporters will have the opportunity to get great prices for their match tickets, up until five weeks before the match.

With this in mind, we will be issuing a weekly ticket bulletin on the official website to give you the lowdown as to what games are on sale and at what price bracket, making it easier for you to

get a great value ticket!

We will also be including that key information in each match programme, to bring you up to date with how to get the best price!

All home games are currently on sale, with the upcoming games currently at the following price bands:-



MILTON KEYNES DONS (H)

Tuesday 26th November • 7.45pm • Sky Bet League One

This game is currently on sale at the **Saver** pricing band, but will change on Wednesday to the Advance price rate, so be sure to get your tickets soon and make great savings for the match against the Dons!



NOTTS COUNTY (H)

Saturday 14th December • 3.00pm • Sky Bet League One

This game is currently on sale at the **Super Saver** rate as the U's prepare to welcome Notts County for the last home game before Christmas. Grab your tickets and save your present shopping for another day!

THE SUPER SAVER RATE

	South	W1 & W9	W2 & W8	W3 & W7	W4 & W6	E8	E7	E6	E5
Adult	£16.50	£18.00	£20.00	£22.00	£24.00	£18.00	£20.00	£22.00	£24.00
Conc.	£11.50	£13.50	£15.00	£17.00	£18.50	£13.50	£15.00	£17.00	£18.50
18-21	£12.50	-	-	-	-	-	-	-	-
U18s	£9.50	£9.50	£10.00	£11.00	£12.00	£9.50	£10.00	£11.00	£12.00
U14s	-	-	-	-	-	£4.00	£5.00	£5.50	£6.50
U8s	-	-	-	-	-	£1.00	£2.00	£3.00	£4.00

THE SAVER RATE

	South	W1 & W9	W2 & W8	W3 & W7	W4 & W6	E8	E7	E6	E5
Adult	£18.00	£20.00	£22.00	£24.00	£26.00	£20.00	£22.00	£24.00	£26.00
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18-21	£14.00	-	-	-	-	-	-	-	-
U18s	£10.00	£10.00	£11.00	£12.00	£13.00	£10.00	£11.00	£12.00	£13.00
U14s	-	-	-	-	-	£4.00	£5.00	£6.00	£7.00
U8s	-	-	-	-	-	£1.50	£2.50	£3.50	£4.50

BACK THE BOYS



THE AWAY TICKETS THAT ARE CURRENTLY ON SALE FOR U'S FANS TO BUY & BACK THE BOYS OUT ON THE ROAD ARE AS FOLLOWS...



PRESTON NORTH END (A)

Saturday 23rd November • 3.00pm • Sky Bet League One

Tickets for the U's game against Preston are now on sale from the U's Ticket Office, and are priced as follows:-

Adults: £20

Concessions (65+, young adults (16-18) and full-time students (ID required): £14

Juniors (16 and under): £8

7 years and under: Go free, but must be booked in advance

Wheelchair/Ambulant Disabled: £20, £14, £8 (Carers: Free)

Please note that it is cash only sales on the day at Deepdale.

CUP DATES CONFIRMED

Dates for two of the U's upcoming cup clashes have now been confirmed.

After their commanding win in the First Round of the FA Youth Cup, the U's U18s will now face Plymouth Argyle in their Second Round clash.

That match will take place on Wednesday, November 20th in a 7pm kick-off at the Weston Homes Community Stadium. Meanwhile, the U's Essex Senior Cup game against Billericay has now been confirmed as taking place on December 3rd.

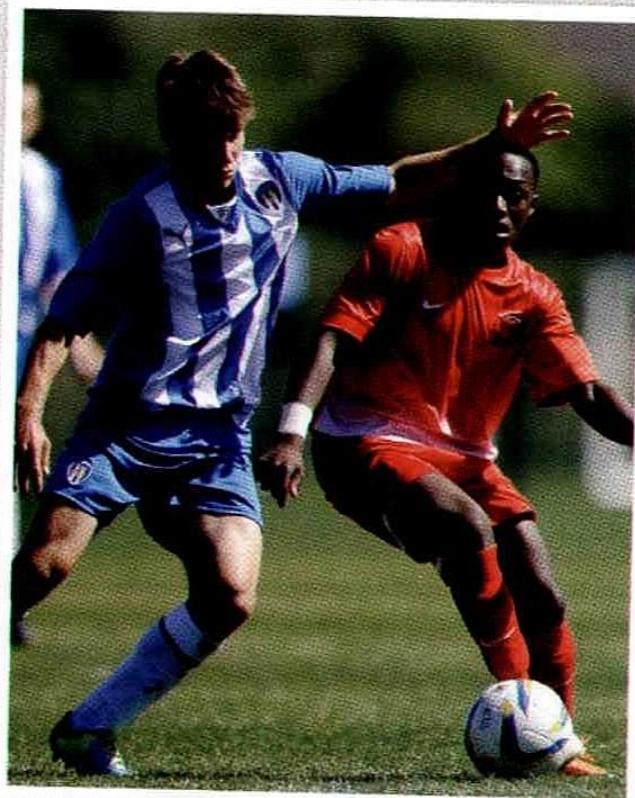
The two teams will come face to face in the Fourth Round clash in the Tuesday night fixture, which kicks off at 7.45pm. Richard Hall's men made their way through their Third Round clash with a 4-0 win over Great Wakering Rovers and will look to progress further against Craig Edwards' side.

Prices for the Senior Cup game are:-

Adults: £5

Seniors: £2

U16s: £2





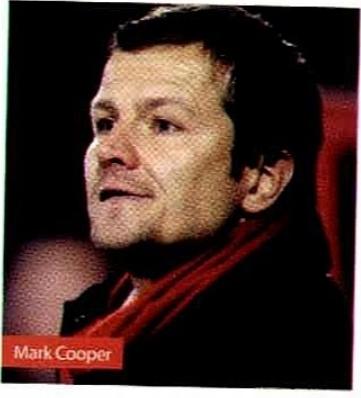
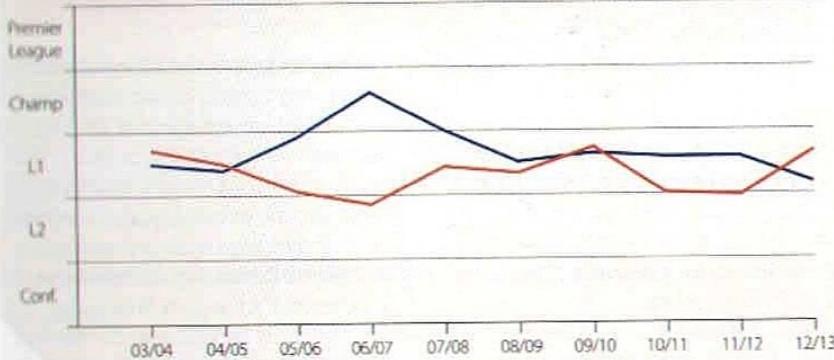


IN OPPOSITION: SWINDON

"SWINDON'S SUCCESS HAS LARGELY BEEN BUILT ON MAKING THE COUNTY GROUND A FORTRESS THIS SEASON & THEIR AWAY DAY ISSUES CAME TO THE FORE LAST SATURDAY AS THEY WERE DUMPED OUT OF THE FA CUP"

LAST 10 YEARS

Key: ● U's ● Swindon Town



After a year of plenty of change at Swindon Town, the Robins look like they will be heading into 2014 with a great deal of optimism after a bright start to the season.

The year began with the departure of fiery boss Paolo Di Canio, who resigned from the club before his short lived spell with Premier League side Sunderland.

Former Aston Villa coach Kevin MacDonald followed but he lasted just fourteen games in the hot seat at the County Ground – including defeat in the play-offs - before his tenure came to a close.

His departure from Swindon came only three weeks before the season started but Mark Cooper stepped into the breach, initially on a caretaker basis, before impressing the Swindon board and landing the job on a permanent basis.

His side have been relatively free scoring, hitting the back of the net on a two goals a game basis across the season so far, to

ensure that they sit outside of the top six by the virtue of a goal difference only one worse than sixth placed Bradford City.

Their success has, however, largely been built on making the County Ground a fortress.

Nineteen of their twenty-three points have come in front of their own fans and Cooper and his troops will know that success in League One this season will require an improvement on the road in the coming months.

Their away day issues came to the fore in the FA Cup last Saturday as they were dumped out of the famous competition by Skrill Premier side Macclesfield Town by a 4-0 scoreline, a result that Cooper left 'feeling sick' on Saturday evening.

He told the Swindon Gazette: "One hundred per cent it's my worst moment as a manager but you've got to take it on the chin."

"We've prepared the same as we

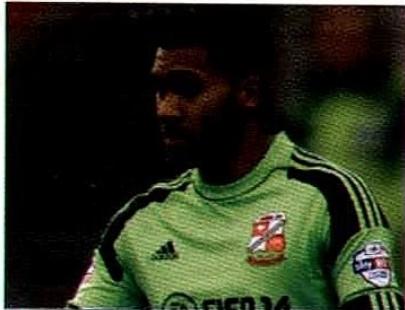
prepared for Port Vale and the players have come up with that.

"I'll take the blame but the players have got to look at themselves as well."

The result at Macclesfield was Swindon's sixth defeat in nine away games ahead of their visit to North Essex today and Cooper admits it may be time to tweak things as they look to get things back on track on the road.

"Now we have to maybe look at the players that may not have as much flair but will run through a brick wall for us and we might have to have two teams – one for at home and one for away," he said.

Despite that cup defeat, there's plenty to be optimistic about at the County Ground and Swindon will arrive in Colchester today hoping to address those away day issues to send their fans into the Christmas period on a high.

**01. WES FODERINGHAM****Position:** Goalkeeper**Nationality:** English**Signed From:** Crystal Palace

The shot-stopper came through the ranks with Fulham's academy before moving to Crystal Palace. Initially joined Swindon on loan in 2012 and enjoyed a prolific start to his Town career, where he didn't concede a goal in his first five games.

A string of fine performances saw him earn a permanent contract in January 2012 and went on to help Town claim the League Two championship in addition to making an appearance at Wembley in the Johnstone's Paint Trophy final.

He was virtually ever-present as Swindon made the League One play-offs last term. Penned a new contract in the summer.

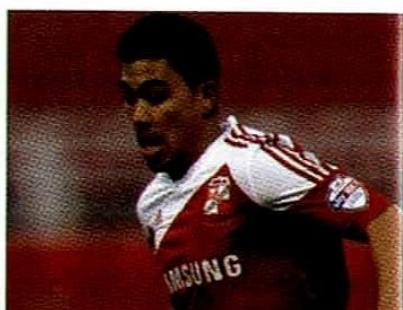
**22. DARREN WARD****Position:** Defender**Nationality:** English**Signed From:** Millwall

As Swindon's captain, Ward marshals the team from his position at centre-half.

After joining initially on loan last summer from Millwall, the 33-year old penned a permanent deal in January 2012.

He started his career as a youngster at Watford before then Millwall boss Mark McGhee took him to The Den in 2001. Ward moved to Crystal Palace in a £1.1m deal in the summer of 2005 where he racked up 69 appearances before switching to Wolves.

He put pen to paper on a brand new contract this summer.

**04. MASSIMO LUONGO****Position:** Midfielder**Nationality:** Australian**Signed From:** Tottenham Hotspur

Luongo joined Swindon from Tottenham on a season-long loan in the summer before completing a permanent move just before transfer deadline day.

The midfielder is in his second spell at The County Ground having spent time on loan at the club at the end of the 2012/13 season.

He scored the opening goal of Swindon's play-off campaign against Brentford and played in both legs as Town were knocked out at the semi-final stage.

The stylish midfielder has found the net already this season.



SCOUT REPORT

FORMER U'S MIDFIELDER TURNED SKY SPORTS REPORTER KEVIN WATSON BRINGS US THE LOWDOWN

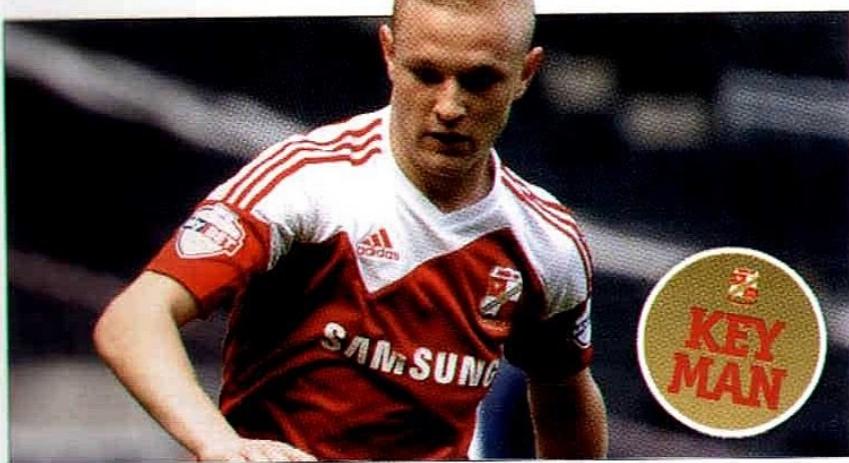
A quick glance at the League One table would suggest that Swindon Town have had a decent start to the campaign, sitting in seventh place, only outside the play-off positions on goal difference.

Looking more closely at their away record, seeing as they're playing away this afternoon, tells a bit of a different story. Of their twenty three points, only four have come away from the County Ground and

they have lost five times on their travels so far.

Is that bad luck or have they got a problem digging in and toughing out the away games away from the comfort of being in front of their own fans? Looking at the players Mark Cooper has at his disposal, you would hope that it's bad luck.

At the back, they have the experience of



11. ALEX PRITCHARD

Position: Midfielder

Nationality: English

Signed From: Tottenham Hotspur (on loan)

Pritchard joined Town on a season-long youth loan from Tottenham Hotspur in the summer.

After a spell at Peterborough United towards the end of the 2012/13 campaign, the winger made his Swindon bow at London Road on the opening day of the 2013/14 season.

He notched his first Town goal in the Capital One Cup victory at QPR.

Has international caps with England's U20s and represented his country at the recent U20s World Cup.

Darren Ward, who was actually their interim manager for a while when Di Canio left. He is a natural leader and a very good defender and I can't see him letting teammates go through the motions.

Alongside him, at left back, they have James McEveley, who has experienced higher level football and can be equally effective defending and joining in the attacks. He has decent delivery with a great left foot and needs to be watched as he gets forward.

Ryan Mason in midfield has scored four in six league starts so his runs will have to be tracked by the U's midfield. Early communication between the U's defence and midfield is essential if his runs are early and he can be passed on but the player starting with him needs to stay with him if he hasn't been able to



09. NILE RANGER

Position: Striker

Nationality: English

Signed From: Newcastle United

The former Newcastle United man put pen-to-paper on a one-year contract at The County Ground in the summer of 2013 having been released from St. James Park in March.

He stepped off the bench to make his Town debut against Shrewsbury Town. Scored his first goal in the Capital One Cup victory against QPR before notching his first league goal against Crewe at SN1.

Ranger has previously enjoyed loan spells at Sheffield Wednesday and Barnsley, and featured over twenty-five times for Newcastle in the Premier League.

pass him on.

Nile Ranger is their stand out forward, another player in their squad who has played at a higher level. Nile has played in the Premier League so he should be comfortable doing the business at League One. He didn't really take his chance at Newcastle but seems to have settled well at Swindon and will need to take this chance.

Although their away record isn't good, the players they have are dangerous so I think it will be a tough game for Joe and the lads today.

I also have a feeling that there could be a few goals in the game, hopefully they'll go to the U's. We need to get at them early, put them under pressure and see if the away record they have is to do with not being able to cope with pressure, rather than bad luck.



NICKY AJOSE

"WE'RE NOT GOING TO PANIC IF IT'S NOT GOING WELL - WE'LL STAY TRUE TO OUR BELIEFS BUT THERE'S MORE THAN ONE WAY TO PLAY FOOTBALL"

Sticking with a match across ninety minutes can often make the difference between grabbing a much needed win, or having it taken out of your grasp, as the U's themselves are well aware this season.

Late winning goals against Gillingham and Port Vale, a late equaliser in our favour at Rotherham and against us against Walsall and the penalty against Sheffield United last week all have gone to show that it isn't over until the final blow of the whistle.

And Swindon found the same on Tuesday night when they made late progress in the Johnstone's Paints Trophy in the game against Wycombe Wanderers.

Nicky Ajose popped up late on to seal a confidence boosting win, just three days after the Robins had exited the FA Cup in disappointing fashion at Macclesfield.

And Ajose said after the game: "We worked hard throughout the game and getting two goals was nice to put us through to the next round."

"I think the first goal was quite lucky to be fair. It's deflected a couple of times then it's come off my chest. Then I managed to touch it and wound up on the line."

"I just like to perform my best whenever I get an opportunity. Obviously it's a good squad of lads here and to come into a team that's got that much quality to play with it's great for me."

It was a much needed victory for Mark Cooper's men, who will be hoping to build on that today when they arrive at the Weston Homes Community Stadium.



Away points have been hard to come by for today's visitors so far, but Ajose believes his team-mates should keep the faith.

He added: "We're not going to panic if it's not going well. We'll just stay true to what we believe in and that's worked for us tonight. There's more than one way to play football. We know we have to pass but there are times in games when we know we have to play longer or more direct but in the main we like to play the ball on the ground and I think that's what we'll continue to do."

"As the results have shown we've not

been doing well but I think tonight could be a turning point for us and hopefully we can rectify that over the weekend, it's a massive game for us. Our home form is excellent. We're not a bad team but playing away from home is difficult and that's not an excuse, it's something we need to put right quickly."

"We're working really hard in training, we've got lots of ideas and methods and hopefully we can produce an away performance like Rotherham and get the three points."

With thanks to the Swindon media department for their help with this interview.



IN OPPOSITION: FAN'S VIEW

"A NUMBER OF FANS WERE LEFT APPREHENSIVE AFTER A LOT OF CHANGES BOTH ON & OFF THE FIELD IN PRE-SEASON, BUT SO FAR THE QUALITY AT TIMES HAS BEEN THE BEST SINCE THE TEAM'S CHARGE TO THE PREMIERSHIP"

How would you sum up the season so far, after an interesting summer for the club?

Lots of changes both on and off the field pre-season left a number of fans apprehensive about what the season had to offer, as experienced players were replaced by younger ones leaving an average age of the team around 22.

The manager left his job and was replaced by his number two Mark Cooper just before the season started.

However, the season at times has seen football of such quality that some say the best since the team's charge to the Premiership when managed by Hoddle, with the odd poor performance thrown in for good measure to stop fans getting too carried away.

What would you say has been the reasons for the difference between the home and away form?

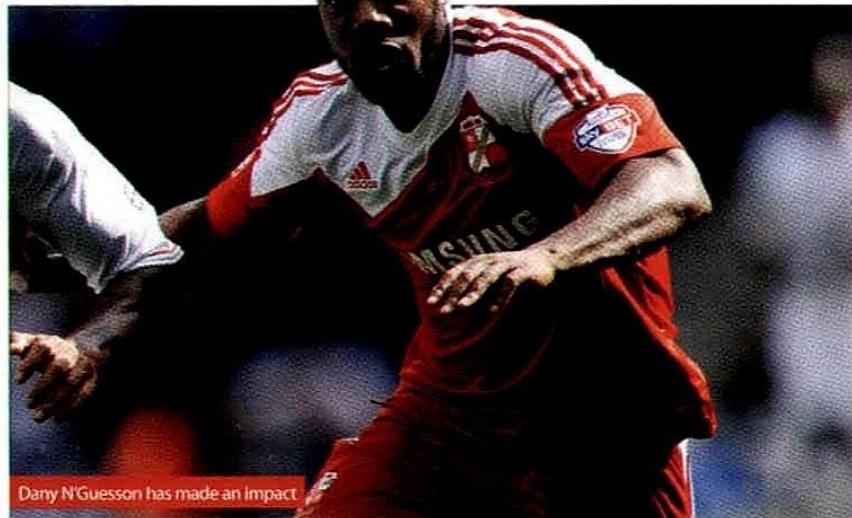
Not sure, perhaps it's just a confidence thing, perhaps it's just that, with a number of players now playing at grounds for the first time, they lose the positive posture adopted at home and feel less at ease.

Having said that, the outstanding performance at Wolves in front of a large home crowd and outplaying QPR at Loftus Road shows they have it in them to compete with the best, so it's probably down to consistency rather than ability or desire.

What needs to change on the road for the Robins to pick up points?

Score the first goal... the match at Rotherham, under the cosh for the first 20 minutes but getting the first goal then set up a resounding 4-0 win.

Whatever happened that day the team need to bottle it and bring it out on every away trip - if only it was that simple! Realistically, defend a little better than we have in some games seem to be a recurrent theme. However, with an open



Dany N'Gueson has made an impact

attractive keep ball passing style perhaps that is to an extent to be expected.

Who have been your shining lights so far this season?

Fans always have their "favourite" players and regard them as "the best".

In truth this is a team the passing style makes every team member an important cog in the system.

Goalscoring has been shared across a number of players with six team members already scoring more than three goals and the two leading scorers each having six, with probably, Luongo, Kassim, N'Gueson, Pritchard, Ranger and Mason as the new players that have made a real impact.

What are the teams' likely hopes for the season – can they crack the top six?

As I mentioned earlier, during pre-season some thought survival in League One would be the limit of ambition.

Now those thoughts are heading in a totally different direction thanks to some outstanding performances.

Outside the playoffs only on goal difference, some are now beginning to believe that the play-offs are a real possibility.

If only we could sort those away day blues consistently then this team could even catch the three runaway leaders, but then again without that consistency a finish in the top 10 finish may well be the outcome.

Questions answered today by **Nigel Bennett**, STFC Supporters Club.

STFC Supporters Club is a fans organisation whose aims are to improve facilities for supporters, encourage youth development and also enhance the prospects for the football club through their fund raising support. With fundraising already exceeding £400,000 it is a well established organisation at the home of Swindon Town. Website: www.swindontownsupportersclub.com



DEFINING MOMENTS

FOOTBALL HISTORIAN LEIGH EDWARDS SELECTS SEVEN KEY MATCHES OR EVENTS THAT HAVE SHAPED THE POST-WAR ERA FOR THIS AFTERNOON'S VISITORS TO THE WESTON HOMES, SWINDON TOWN

1980 – LEAGUE CUP SEMI-FINALISTS

Bobby Smith guided Swindon Town to the League Cup semi-finals in 1979-80. The Robins defeated Portsmouth 3-1, Chester 2-1, Stoke City 2-1 and Wimbledon 2-1 before strikes by Alan Mayes and Andy Rowland plus two own goals overcame Arsenal 4-3 after extra-time in the fifth round replay to reach the semi-finals for the second time.

Goals from Andy Rowland and Alan Mayes gave Swindon a 2-1 first-leg victory over Wolves in front of 25,650 at the County Ground on 22nd January 1980 but Wolves won 3-1 in the second-leg at Molineux three weeks later to triumph 4-3 on aggregate and went on to lift the trophy.



1986 – RECORD BREAKING CHAMPIONS

Swindon Town stormed to the Fourth Division title with a record 102 points in 1985-86. Lou Macari's side made a poor start in the League but defeated Sunderland and Sheffield Wednesday en route to the League Cup fourth round. Kenny Allen arrived from Torquay and Dave Bamber from Portsmouth as Swindon soared to the top of the table with 14 wins in 16 matches.

They set a club record of 13 consecutive home victories with a 3-1 win over Burnley and clinched the title with a 1-1 draw at Mansfield. Charlie Henry and Colin Gordon scored 35 goals between them, while skipper Colin Calderwood was ever-present.



1987 – PROMOTION PLAY-OFF WINNERS

Lou Macari plotted Swindon Town's 1986-87 Third Division play-off final triumph. Six victories in eight games catapulted Swindon into the promotion race, then Jimmy Quinn returned from Blackburn and Phil King arrived from Torquay. They starred as Swindon gained seven straight wins and qualified for the play-offs in third position after remaining undefeated in their last 11 matches.

The Robins beat Wigan Athletic 3-2 in the semi-finals, then fought back from a 1-0 first-leg defeat to draw 2-2 with Gillingham in the final. Two goals by Steve White clinched a 2-0 victory in the final replay at Selhurst Park on 29th May 1987.



1990 – SWINDON DENIED PROMOTION

Swindon Town won the 1989-90 Second Division play-off final but were denied top-flight status after an illegal payments scandal. Ossie Ardiles' side had soared into the promotion frame with seven wins in nine games including a 6-0 victory over Stoke City and signed David Kerslake from QPR in November.

Alan McLoughlin, Duncan Shearer and Steve White starred as Swindon maintained their challenge with just one defeat in 13 matches and finished in fourth position. They beat Blackburn Rovers 4-2 in the play-off semi-finals, then Gary Bennett's own goal defeated Sunderland 1-0 in the Wembley final on 28th May 1990.



1993 – SWINDON REACH TOP-FLIGHT

Player-manager Glenn Hoddle was a key figure in Swindon Town's 1992-93 First Division play-off final success. Swindon were early pace-setters and Ross McLaren's return inspired a run of seven victories in nine games. Dave Mitchell netted three times in a remarkable 6-4 win at Birmingham City and Swindon qualified for the play-offs in fifth position.

The Robins defeated Tranmere Rovers 5-4 on aggregate in the semi-finals, then goals from Glenn Hoddle, Craig Maskell, Shaun Taylor and Paul Bodin secured a thrilling 4-3 victory over Leicester City in the final watched by 73,802 at Wembley Stadium on 31st May 1993.



1996 – HIGH-FLYING ROBINS

Swindon Town stormed to the Second Division title under player-boss Steve McMahon in 1995-96. They had plummeted from the Premiership to Second Division and newcomers included Wayne Allison, Steve Finney and Mark Seagraves. Swindon were early leaders, winning seven of their first nine games, and Kevin Horlock netted a hat-trick in a 4-1 victory at Bristol Rovers.

They remained in pole position and took Southampton to an FA Cup fifth round replay. Ian Culverhouse and Mark Robinson were ever-present, while leading scorer Wayne Allison and Shaun Taylor also starred as they won the title by nine points.



2012 – SWINDON'S TITLE TRIUMPH

Paolo Di Canio managed Swindon Town to the League Two title in 2011-12. The Robins kicked off with a 3-0 win at home to Crewe but lost their next four games before just one defeat in 21 matches, including a club record ten successive wins, catapulted them to the top.

They beat top-flight Wigan Athletic 2-1 in the FA Cup third round and reached the Johnstone's Paint Trophy final but lost 2-0 to Chesterfield at Wembley Stadium. Swindon clinched the League Two title in style as two goals by Paul Benson plus others from Matt Ritchie, Aiden Flint and Alan Connell beat Port Vale 5-0 at the County Ground on 28th May 2012.





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BRIAN WILSON

"AT ANY LEVEL, IT'S VITAL THAT THE PLAYERS ARE CONFIDENT IN THEIR ABILITY & THEIR TEAM MATES - THAT'S CERTAINLY THE CASE HERE"

Welcome back for today's game, as we take on a Swindon Town side that will want to continue the league form they have shown so far this season.

As always, we will be going out there expecting a tough match but knowing that we have the ability in our squad to get the three points at stake.

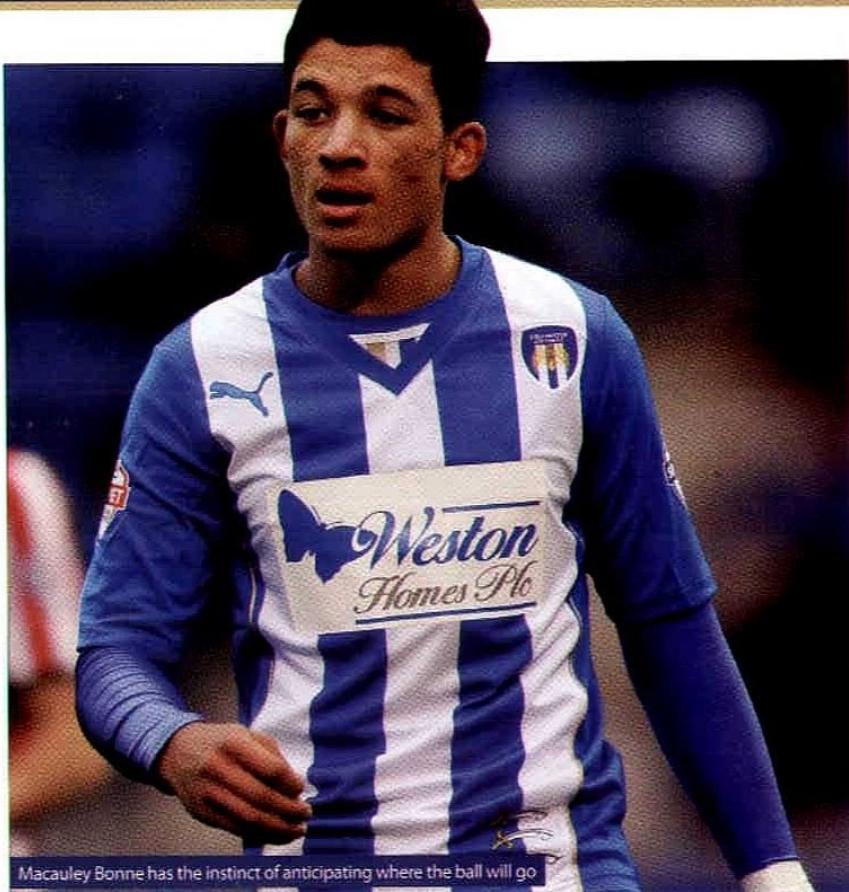
At any level, it is vital that players are confident in their own ability and confident in their team mates as well.

That is certainly the case here in our squad and it's a belief that almost got us into the draw for the second round of the FA Cup last weekend. In a very poor first half for us, we conceded two goals and could easily have found ourselves further behind that just the two goals.

We rallied after the break though and deserved to be back in the game at 2-2, thanks to goals from Macauley Bonne and Luke Garbutt. Macca has that striker's knack of anticipating where the ball might end up and got away from an experienced defender to put his diving header past the keeper.

Luke Garbutt put in a great cross for that first goal and we have seen on many occasions how dangerous his left foot can be. He showed it again when he scored to make it 2-2 and we certainly had the momentum going into the last quarter of the game.

Unfortunately, we were on the wrong end of a penalty decision and then couldn't find another goal to get us a



Macauley Bonne has the instinct of anticipating where the ball will go

replay at Bramall Lane. It was extremely disappointing to go out of the cup at the first round stage, something that has happened far too much in recent years.

If I knew the secret of why, I'd certainly share it because it's not a pleasant feeling knowing we'll have to wait until next year in all three of the cup competitions.

It back to the league then today, with points at stake rather than cup progress. I was as disappointed for all the supporters

as I was for us in the changing room last weekend.

Your support was immense as we fought our way back into the game and it was a real shame that we had nothing to show for our efforts, yours in the stands and ours on the pitch. Same again today, let's make sure the same efforts get us a more positive result.

**Enjoy the game,
Brian**

CELEBRATING



YEARS OF
THE FOOTBALL LEAGUE

1996 Peter Solton becomes first player to make 1000 league appearances

1987 2 substitutes per team introduced

1986 Football League Play-Offs introduced

1983 Canon become first sponsor of The Football League

1981 3 points - for a win introduced

1976 Goal difference replaces goal average

1974 The first ever Football League match played on a Sunday

1966 Substitutions for any reason permitted

1965 Kent Peacock becomes first Football League substitute

1961 Minimum wage abolished

1960 First 'small' Football League match shown on television

1958 First regional 3rd Division - Portsmouth v. Newcastle United

1956 Division 3 & 4 formed to replace regional 3rd Division

1955 White ball used for the first time in matches

1949 Record attendances of 41 million

1929 League suspended due to World War II

1925 New offside law introduced

1922 BBC broadcast first live football league match on the radio

1914 Footballers' Battalion formed

1903 Automatic promotion & relegation introduced

1901 Maximum wage introduced

1897 Goal nets and penalty areas introduced

1892 2nd Division created

1888 The World's original league format introduced

1886 Social media presence launched

1881 Championship League 1 and League 2

1909



Find out more at:

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TONY FLYNN

"FROM A MEDICAL PERSPECTIVE, LAST SATURDAY WAS POSITIVE BECAUSE WE SAW THE RETURN OF THREE OF OUR PREVIOUSLY INJURED GROUP INTO THE SQUAD - ALL THREE PLAYED 90 MINUTES ON THE WEDNESDAY"

Welcome back for this afternoon's match, as the lads face Swindon Town in our return to league action after our cup exit. There were plenty of positives to take from the game, especially the second half performance but it was still a disappointed dressing room after the game.

From our medical perspective, it was a positive afternoon, because we saw the return to the squad for three of our previously injured group. Tom Eastman played the full ninety minutes after recovering from his ankle injury, Ryan Dickson came back from his illness to play the whole second half and Tosin Olufemi was an unused sub.

All three played ninety minutes in a hastily arranged friendly at Tottenham on the Wednesday afternoon three days before the FA Cup tie last weekend. It was a valuable game for them, and for the manager because it gave him options that might have been a risk without the game under their belts. Richard Hall has spoken about games like the Spurs one being good for the youngsters in the development squad, but they're also great for the players who have been back in training after injuries and just need matches to 'up' their fitness levels.

Hopefully, I will have seen the back of this trio for a while now and they will all give the manager options in the upcoming matches, something that every physio wants. He might have another option this afternoon, with David Wright having had a full week's training under his belt. He

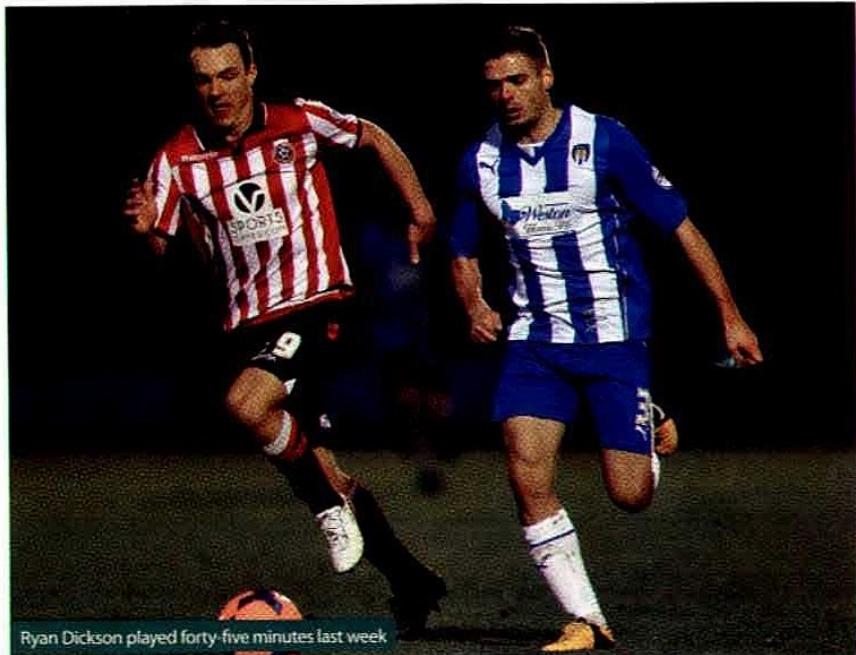
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Ryan Dickson played forty-five minutes last week

has worked extremely hard over the past ten days since he was given the go ahead to resume running so I'm confident he is ready if required. Freddie Sears has been out the same amount of time as David with his hamstring injury but also trained this week and could make a return.

Another player who could possibly make a return to the squad today is Gavin Massey, who has trained with the squad fully this week, after completing a good stint of conditioning with Dave Carolan. Jabo Ibehre and Sanchez Watt have also completed this conditioning work and joined in training for a couple of days but today might come too soon for them.

Drey Wright, one of our longer term

injuries, has been away from the training ground this week, continuing his recovery at St George's Park. We pulled a few strings to get him in this week but it's an important stage in his rehab.

He needs to get movement into his knee and the one on one work the physios can do there is second to none, along with state of the art equipment at their disposal. Drey should be in much better shape now he has had the opportunity to be over at Burton for a few days.

That's all for now and I'll bring you all the latest from the treatment room again next time. Enjoy today's game and fingers crossed, there are no additions to our injury list come five o'clock.

U'S VIEWS

KEEP UP TO DATE WITH ALL THE LATEST
U'S NEWS & VIEWS HERE

DREY HEADS TO NATIONAL CENTRE



Drey Wright's rehabilitation from his recent knee operation has seen him become a landmark player at the FA's St George's Park training complex.

A three year partnership between Perform and The PFA means that Perform can offer up to 900 weeks of rehabilitation to PFA members at St. George's Park.

Players spend four days of intensive rehabilitation at Perform while staying overnight at the Hilton hotel on site.

They receive treatment from experts in a wide range of fitness-related areas including physiotherapists, doctors, sport scientists, strength and conditioning specialists, Pilates specialists and soft tissue therapists whilst working closely with club physiotherapists and individual players.

So far the scheme has been a roaring success, having served 195 weeks of rehabilitation to 99 players from 64 different clubs.

And this week, Drey became the 100th player to enter the programme, spending a week at the complex, for rehabilitation following knee surgery.

The treatment is available to all PFA members, including those in contract, ex-professional and retired players. The Perform sports medicine and human performance facility at St. George's Park national football centre offers players the chance to continue on the road to recovery in fresh surroundings.

TODAY'S MASCOTS!

We're delighted to welcome four mascots to the WHCS this afternoon, starting with Ryan Osbourne.



Ryan recently turned 11 and enjoys swimming, basketball and playing football with friends. His favourite U's player is Sam Szmodics.



The U's second mascot is 11-year-old Joe Ball from Diss, who enjoys football, running and playing on the xBox. Joe's favourite U's player is Alex Gilbey.



Leo Thacker is the U's third and final mascot this afternoon. Leo is five years old and from Ipswich and, along with football, Leo has a big interest in dinosaurs. His favourite U's player is Freddie Sears.



We're also pleased to welcome young Swindon fan, Abbie Blackmore. 9-year-old Abbie enjoys tennis and plays football for Swindon's centre of excellence. Darren Ward is her favourite!

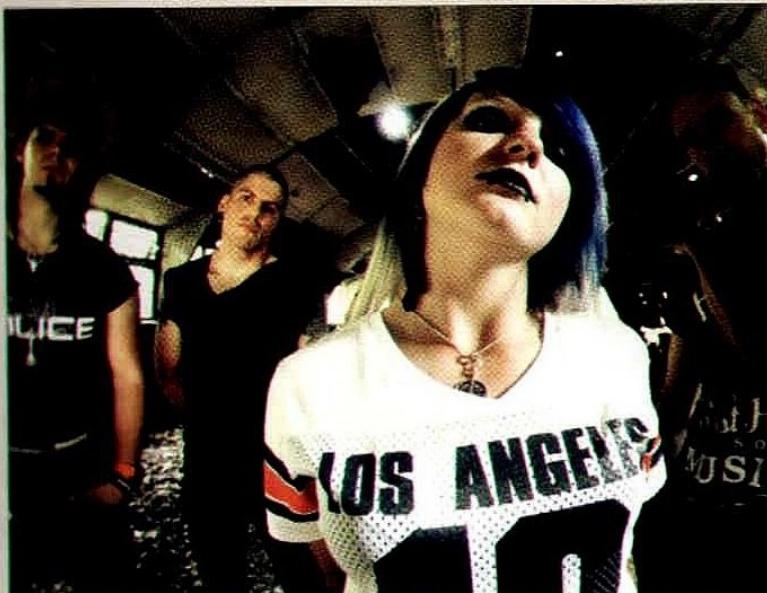
WELCOME JAMES & OSCAR

Welcome to James Vinter and Oscar Finch, who are our guests here today after winning a competition to be a journalist for the day.

The two boys will get the chance to write a report on this afternoon's match and potentially get it printed in a future edition of *We Are United*.

We hope they have a cracking day!

TODAY'S BAND: KILLATRIX



UK electrodirt four-piece, Killatrix, have arrived with a soundclash to dance and fight to.

Drawing influences from punk, drum and bass, metal and electro, the sound comes in waves of devastating bass, squeaks, bleeps and dirty guitar with Sin Dii's voice taking centre stage.

Despite their short time together, the band have shared stages with Hadouken, The Fratellis and Sonic Boom Six, as well getting the house shaking in their own right.

For more information, visit www.killatrix.co.uk or you can find them on social media:

facebook.com/Killatrixmusic

Twitter:@killatrix

soundcloud.com/killatrix

ST HELENA HOSPICE TREE OF MEMORIES APPEAL



St Helena Hospice
your time...your hospice

As Christmas is drawing closer, St Helena Hospice is launching a refreshed appeal for 2013.

Tree of Memories replaces their Light up a Life appeal from previous years and invites supporters to make a dedication to someone special, along with a donation to the Hospice. In return for their donation, supporters will receive a personal copy of their dedication on a decorative tag and, if they wish, their dedication will also be hung on a Tree of Memories at the Myland Hall site, based at Highwoods, Colchester.

The tree will be on display to those who have made dedications from Monday 16th December until Friday 10th January 2014.

The Hospice will also be holding a special Tree of Memories Service at Myland Hall, which will take place on Thursday 19th December at 6.30pm in their Joan Tompkins Centre. If you are unable to make this service, there are a number of other services in the area, please see our website for more details.

To make a dedication and for more information, please go to www.sthelena-hospice.org.uk/treeofmemories13 or contact the Fundraising Office on 01206 791740.

BATTLE OF THE MOS

It's going to be a Battle of Essex with a difference, as Colchester United midfielder David Wright and former U's right back John White go head to head in the quest to raise money for Movember.

David has been busy growing his moustache over the past eleven days, but now has further incentive to come up with a bushy masterpiece as he goes up against John, now captain at Southend in a fundraising battle.

Movember is a month-long event involving the growing of moustaches during the month of November to raise awareness of prostate cancer and other male cancer associate charities.

David said: "I've enjoyed growing my moustache and helping raise money over the past few days, but now I'm up against John, I'm more determined than ever to grow a top moustache before the month is out."

"I'm really hoping that Colchester fans can help me raise plenty of money for Movember and beat the Southend fans in the quest to make the most for this fantastic cause."

To donate to David's page, visit: <http://uk.movember.com/mospace/2788012>



We aRe uNited

The latest U's news from in and around the local community



5th November: Sammie Makes 'The 11'



Sammie Szmodics has made it into 'The 11' for October. 'The 11' is a new national competition, recognising the best apprentices across the Football League.



It was launched to recognise the football and academic progress of eleven apprentice players across the land. 'The 11', which also assesses other factors such as apprentice involvement in club community based initiatives, is judged by LFE's team of regional officers.



16th October: Matt's Big Day

Young U's fan Matt Stammers had a day to remember recently as he was treated to a tour of the Weston Homes Community Stadium. When he got to the home dressing room, favourite player Sam Walker was on hand to say hello and make the young fan's day! Not only that, but Matt also got the chance to go out onto the hallowed turf with his dad Barrie as part of his visit.

...and Barrie...



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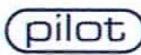
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Saturday 23rd November

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Concession Members: £28



Tranmere
Saturday 30th November

Departs WHCS: 8.00am
Adult Members: £30
Concession Members: £28



Oldham
Saturday 21st December

Departs WHCS: 8.00am
Adult Members: £30
Concession Members: £28

Good afternoon and welcome back again to the Weston Homes Community Stadium.

Today we have Swindon Town visiting us fresh from their FA Cup humbling to Macclesfield. U's fans can certainly appreciate how that feels from some of the "classics" that we've had over the years, but the big question will be how they react. It should be a good game I reckon as the U's boys will also be looking to bounce back after their FA Cup injustice.

Fail to say that there was plenty of anger and disappointment after that cruel handball decision, especially after recovering so well from the poor first half with a smart change of tactics and a renewed buzz in our football. Just as a replay at least was within our grasp it was snatched away from us. Not the best of games from some of the officials to put it mildly.

So we're back to league action this afternoon and the start of a crucial period for the U's with some long away trips before Christmas sandwiching some tantalising home games, such as the midweek v MK Dons and Notts County mid December.

With one or two players returning to the fold and others busting a gut for the team, I am really hoping that we can start to pick up victories again and reach the festive period in good shape. I always think that the December/January glut of fixtures is a very important period for the fans and team. It's a period of celebration, and let's hope that we're all celebrating with the U's too.

Picking up results at the likes of Preston and Tranmere are always fun. The CUSA will be running a coach to both, and if you fancy travelling with us please call us/text after 7pm daily on either 07778 018834 or 07752 531600 and we'll take your name.

There is one U's fan in the form of Ryan "Del" Morrison who will be travelling a distance when



U's players felt aggrieved at last week's late penalty

we play Preston, although he'll be hoping for much further afield than the Deepdale. He's part of an Essex Police jailbreak team raising money for a children's charity whose aim is to get as far away from Chelmsford Prison by 6pm that day without spending a penny. If you fancy sponsoring him please go to www.justgiving.com/Essepolicejailbreak.

Del is also a member of the CUSA FC, now in its' 10th season with the Colchester & District Sunday League and doing well midway in the Premier Division.

With a couple of weekends off now, some of the squad are making a weekend of it in Preston, so please accept my apologies in advance if you come across them in a dodgy drinking establishment in and around the ground. You have my sympathies :o)

10 seasons does not sound much when you compare it to some of the records held by the U's players in the Former Players Association. A good time to mention then the CUFPA Annual Dinner which is being held at the WHCS on Saturday 8 March.

This is always an excellent evening and the CUSA will as usual be organising a table or

two, so if you fancy joining us please don't hesitate to get in touch with me as you'll be very welcome.

A further thought for 2014 and any real ale lovers amongst you, as a certain well known U's fan who has been known to sample a brew or two, is organising a trip to the Colchester Brewery in April. Again, if you think you fancy this please let me know and I'll put you in touch.

Crikey, time must be flying as I'm already talking about 2014. Football seasons can certainly fly by if you let them, so the U's have no time to rest. We all want them to push on with the good players that they have and make a play for as higher league position as possible.

As I've said before, I believe we are a work in progress and the real fruits of our labour and benefits of early experience from our young squad will stand us in good stead some 2/3 years down the line. That's the dream and I am hoping that your support will take them there.

Good luck today U's, and thanks to everyone for their support.

Jon
www.cusa.co.uk

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BARRY LANDY'S DOWN IN THE BOX

Features, articles and opinions on football's biggest stories | www.downinthebox.co.uk

Forever a patriarch, afford Steve Gibson some leeway in Middlesbrough's Karanka appointment

Perhaps the most startling admission revealed as Aitor Karanka was unveiled as Middlesbrough manager on Wednesday was the influence Jose Mourinho had in his former assistant's move to England.

Nothing odd there but Karanka, a former Real Madrid assistant and coach of Spain's Under 16s, said Mourinho, "believes in this project." Who would have thought the Portuguese would have such a conviction about that club, in that town?

But despite paltry attendances and uninspiring league finishes of recent years pointing to the contrary, Middlesbrough are a club you can believe in. A League Cup winner and UEFA Cup finalist in the not too distant past, in the 00s it was the Middlesbrough academy at Rockliffe Park that was the du jour setting for the emergence of young British talent.

For Southampton's production line of now, read the one operating on Teeside in the middle of the last decade. Stewart Downing, James Morrison, Chris Brunt, Danny Graham, Adam Johnson, Ross Turnbull, Lee Cattermole, Brad Jones and Jason Steele to name the most prominent few.

So with a catchment area so ripe and their Academy among the most fertile in the country, Boro, despite what the surveys might defame about the town itself, has potential.

Little has been made of what drives Karanka himself to take up the job in a footballing outpost far removed from Madrid and La Fisja. Jorge Mendes, the agent who counts Mourinho and Steve Gibson as friends, is involved.

More has been discussed about Gibson's



appointment of a foreign manager, conversation erring on criticism that the club would overlook British candidates in favour of a Spaniard. While appointing a Spanish or South American manager is about as original as buying a Belgian right now, it seems strange that Gibson has been singled out for consternation over the appointment.

Brighton appointed the former Barcelona midfielder Oscar Garcia earlier this year, to reasonable success thus far. His predecessor, Gus Poyet has been cutting his managerial teeth in the Football League for years now but the Uruguayan has a playing past in this country, that might sooth any suggestion 'he's come over here and taken our jobs.'

See too; Paulo Sousa, Edgar Davids, Stale Solbakken and Paolo Di Canio. It's nothing new but some view the Football League as the last vestige from the millionaire's playground of the top tier. A place where real British football lives and breathes.

Gibson concedes that foreign managers and players increasing prevalence in the Championship and lower leagues is merely

a consequence of football's globalisation. Karanka is the club's first ever foreign manager, an appointment hardly worthy of the disapproval it's engendered.

Undoubtedly, too, Karanka's appointment will generate some real excitement on Teeside, perhaps impacting on gate receipts, television interest and surely liking to involve some youngsters from Chelsea, and even Spain arriving in the North East to aid a promotion push.

It's arguable that the man from Vitoria offers the best possible chance of pushing Boro back to the Premier League. Perhaps a Curbishley, Pulis and Warnock could provide a similar result. They have done so in the past.

But to admonish Gibson for taking a chance on Karanka is misguided? Look to how the initial suspicion that surrounded Mauricio Pochettino has ended with three of his ex-Football League stalwarts in the England squad and several more pushing hard.

Men with less acclaimed credentials have achieved much more, and vice versa.



GET CLOSER

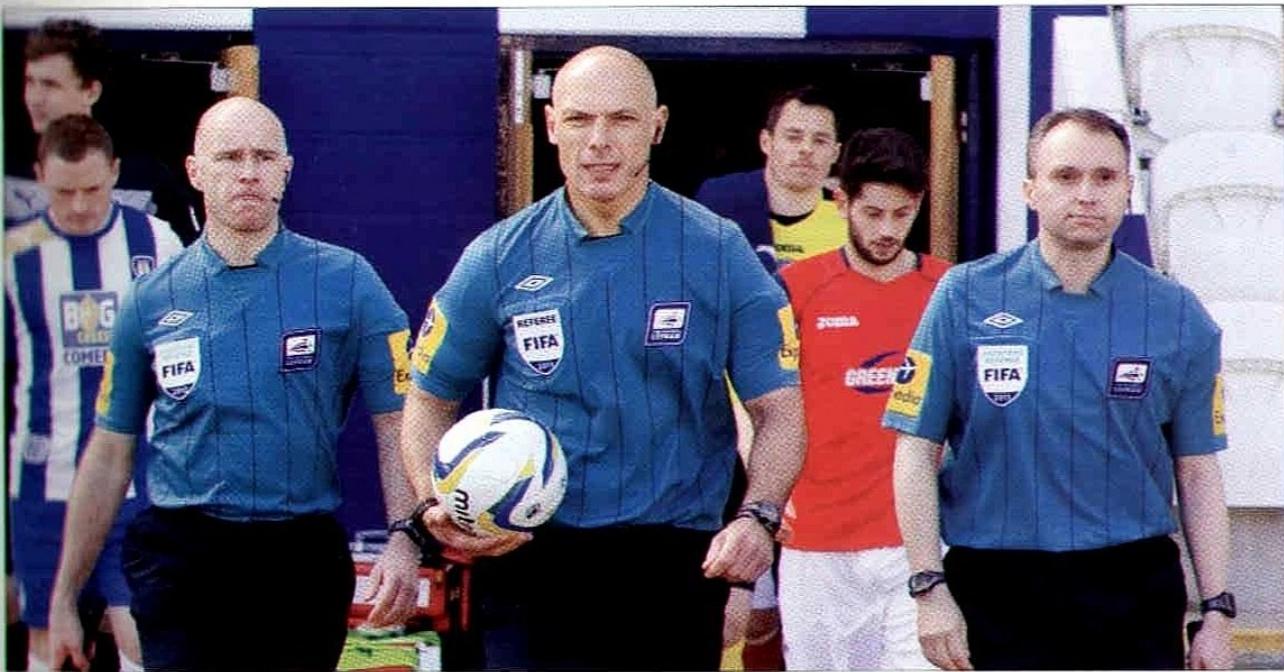
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TAKE YOUR FIRST STEPS INTO REFEREEING!



Whether you are playing in an eleven-a-side match, a small-sided competition or a new format such as Futsal, one person will remain a constant presence: the referee.

Colchester United play an active part in helping the Essex County FA attract new match officials, as well as developing the next generation of talent.

There are over 1,350 registered referees in the county, ranging from those just setting out in the game to individuals who have progressed to officiating in the FA Premier and Football Leagues.

The Essex County FA support the development of match officials from initially booking onto courses, in gaining promotion and also via the form of mentoring and assessment through a referee's career, and The U's are proactive in backing this pathway.

New referees can apply to be a part of the 'Referees Academy' at Colchester United

FC where committed and reliable referees who are keen to progress receive a range of benefits.

These include an environment focussed on development, where players and parents adhere to a strict code of conduct and do not criticise the decisions made by referees who are learning.

Dedicated mentors are available at all games and match DVDs assist with the learning process.

Whether you're attached to The U's Academy or not, you can start to get involved in refereeing from the age of just 14, with specific pathways in place within both the men's and women's game if you wish to move through the levels.

You'll get lots of helpful advice from the outset, including details about the laws of the game and guidelines on fitness and nutrition. The Essex County FA also back the initiatives of the Essex Referees Association.

They provide assistance for officials and, with the aid of an incentive scheme run in conjunction with The FA, points can be obtained each time you referee a match or attend a meeting of the RA and seminars organised by the County FA.

These points will enable you to purchase referee kit and supplies at a reduced cost or, in some cases, no cost at all.

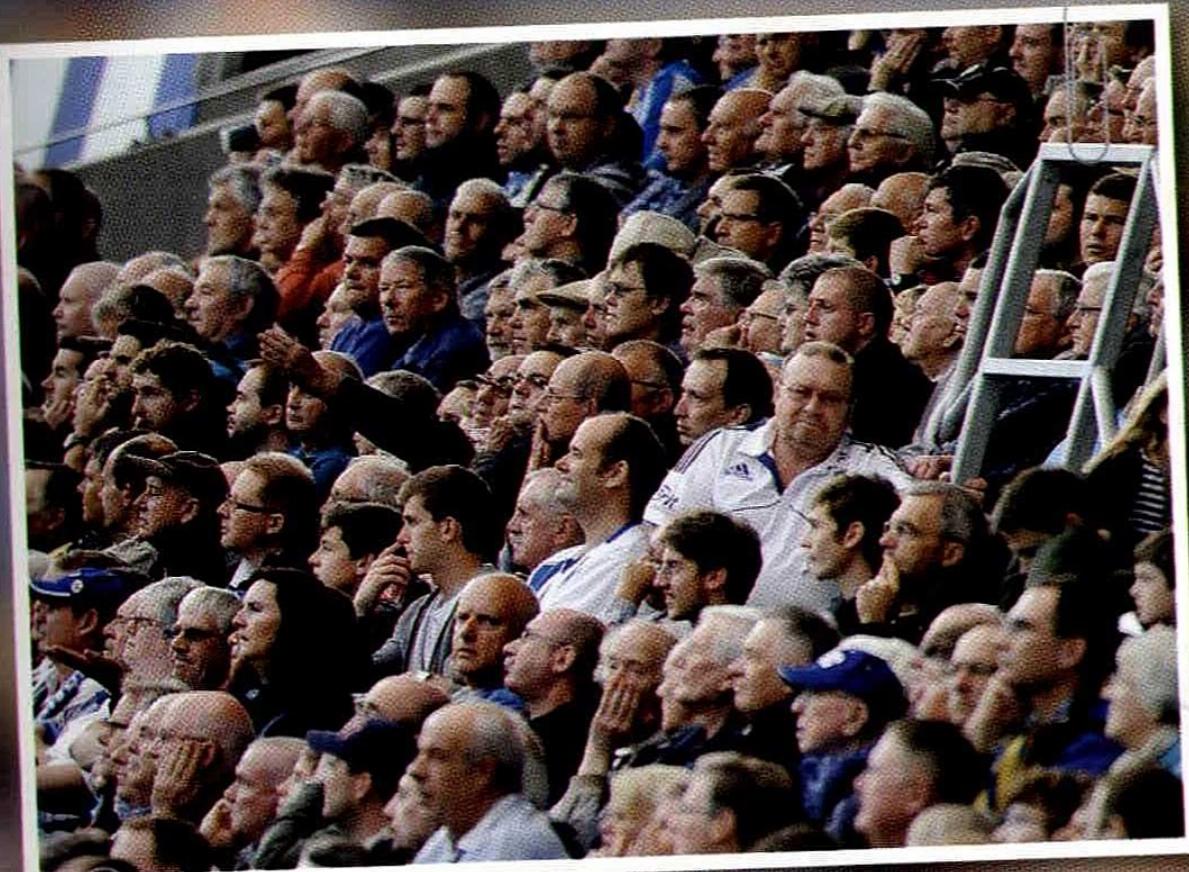
Once you have gained experience of officiating, you may like to get involved in one of the mentoring schemes, where you can share information, ideas and advice with up-and-coming referees at society meetings, at grounds or even by telephone.

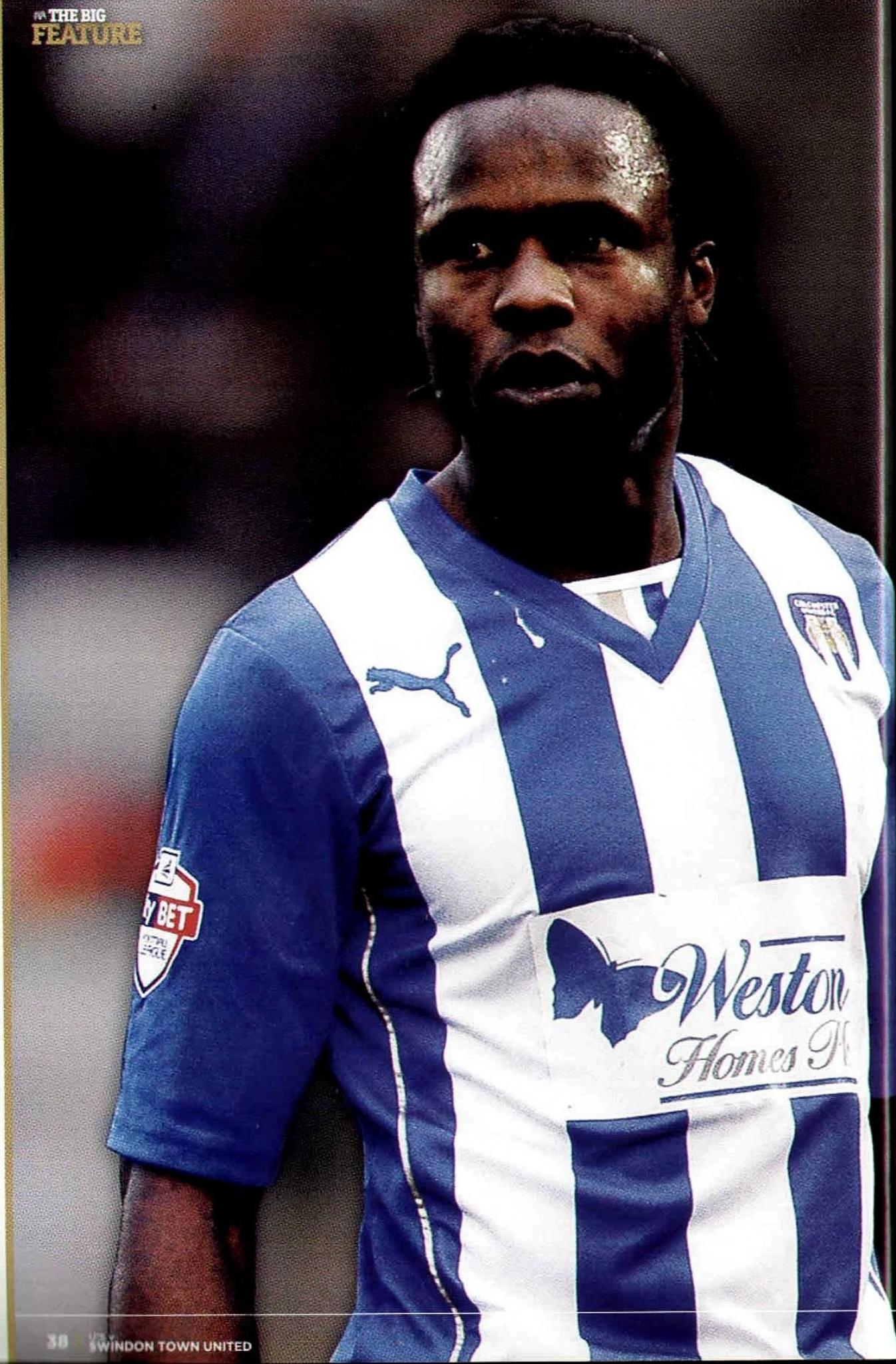
So, if you have a query about the laws of the game, want to know more about misconduct reporting or just wish to gather further information about becoming the man or woman in the middle, visit www.essexfa.com!

U'S ARMY!

CAN YOU SPOT YOURSELF IN AMONGST THE #COLUFAMILY? U'S PHOTOGRAPHER RICHARD BLAXALL HAS BEEN OUT & ABOUT AT RECENT U'S GAMES & PUT TOGETHER THESE SNAPS OF THE U'S SUPPORT!









THE BIG FEATURE

MARCUS BEAN

The U's side has been full of impressive youngsters this season and **Marcus Bean**, one of Joe Dunne's older heads, explains to *We Are United* the responsibility he feels and his thoughts on the U's performances



Marcus battles hard at Bristol City

Alan Hansen's famous, or is it infamous, statement that 'you can't win anything with kids' came back to haunt him nine months after making it. He made the claim in August 1995, after a young Man Utd side had lost 3-1 to Aston Villa.

Fergie's side contained six players under twenty, including Beckham, Scholes and the Neville brothers, and well and truly proved Hansen wrong by winning the double that year. What people sometimes forget is that alongside the youngsters, Sir Alex had a spine that was made up of Peter Schmeichel, Gary Pallister, Steve Bruce, Roy Keane and Eric Cantona.

Having that experience must have been crucial in the development of those young players, who let's be honest, were a freak group in terms of ability in one place at one time. It was probably an easy decision to put them in the team because of their ability, but the expertise came from combining them with the experience already there.

Eighteen years later here at the U's, manager Joe Dunne has been tasked with, and is fully embracing, bringing a higher number of players up through the

club's academy. His year in charge has seen the emergence of Alex Gilbey and Drey Wright as first team regulars after developing their game in the club's U18s and U21s squads.

They have been joined at various times by the likes of Tosin Olufemi, Freddie Ladapo and lately, Macauley Bonne and Sammie Szmodics. And last Saturday saw Macauley score his second goal for the club, even though he has only made one start for Dunne's side.

But in and amongst these youngsters, Dunne has experience to call on when he names his squads and teams. Brian Wilson and Magnus Okuonghae are both regulars in the back four, in midfield David Wright and Marcus Bean have over 740 appearances between them and

Clinton Morrison and Jabo Ibehre have played at all levels of football, including internationals in Clinton's case.

And in Marcus Bean, the young players have a player to look up to who has massive experience in League One. Recently, he has been one of the U's most consistent performers and is pleased to see such promise from the young players coming into the squad.

He told *We Are United*: "What the Chairman and the Gaffer are doing is great for the future of the club but it is benefiting the players and the club now. The one attribute all the youngsters have is self-confidence and they've all come into the squad showing no fear. They've all got youthful exuberance and confidence that being young gives you and they're bringing that to the games that they're involved in."

At twenty nine, the combative midfielder is by no means an old footballer but he is without question, one of the senior members of the U's squad that Joe Dunne is assembling. Having come through youth ranks himself, at Loftus Road with Queens Park Rangers, Bean is fully aware of the pitfalls that lay ahead of

"THE ONE ATTRIBUTE ALL OF THE YOUNGSTERS HAVE IS SELF-CONFIDENCE & THEY'VE ALL COME INTO THE SQUAD SHOWING NO FEAR - THEY'RE BRINGING THAT CONFIDENCE BEING YOUNG GIVES YOU INTO GAMES WITH THEM"

the U's starlets and insists that the older players have a duty to keep an eye on them.

"Looking around me every day in the changing room at the training ground, I definitely consider myself age wise as one of the more senior players. I'm not that old in terms of footballers but we've got a pretty young squad so I'm one of the old heads. It's a huge responsibility for us older lads to show the young players what being a good professional footballer is all about."

"To be honest, that job is not too difficult here, because the young lads have grown up with coaches who know what it's like and don't let them get ahead of themselves. It is fairly easy to look after them as well because they're a great group of lads but they will sometimes need a little nudge in the right direction. We're all there as older players to give them any advice they need or to answer any questions they might ask us."

A game like last weekend's cup defeat at the hands of Sheffield United would have been a disappointment for the players involved as much as it was for the U's fans watching on. Joe Dunne didn't mince his words after the game and was frustrated and annoyed that the opposition were allowed the luxury of a two goal lead at half time. The referee's assistant's decision to flag for handball to give the visitors a late match winning penalty was 'gut wrenching' for the U's boss, but it was the first half performance that irked him most.

And Bean, the former Brentford midfielder was in full agreement when he assessed the game seven days ago. He also explained how well he thought the players responded to the half time team talk and how he thought the penalty decision was understandable.

"We all knew that we hadn't performed at all well in the first half and the 2-0 scoreline probably flattered us when we went in for half time. The Gaffer quite rightly



Marcus netted his first U's goal at Shrewsbury recently...

COLCHESTER
UNITED FC



#15

**MARCUS
BEAN**

Position: Midfielder

Signed From: Brentford

U's Games: 44

U's Goals: 2





15. MARCUS BEAN

Date of Birth: 02/11/1984

Position: Midfielder

Youth Team: QPR

Career Clubs: 6

Signed From: Brentford

U's Games: 44

U's Goals: 2

Career Games: 346

Career Goals: 22

2013/14 U'S STATS:

Minutes: 740

Ave. Minutes: 67

Yellow Cards: 2

Goals: 2

wasn't happy with us but was straight away telling us that we could still get back in the game. He emphasised what the cup was all about and asked us about all the memorable cup games in the past.

"Most of them involved a comeback and he insisted that we were capable of playing well enough in the second half to make it happen. The boys took that on board and put desire, passion and effort into the game in the second half. You can never put your finger on why it didn't happen for us in the first half but it was a great response the lads showed.

"I thought we showed a lot of heart and a lot of character, all the things the Gaffer had asked of us at the break. I felt that we did everything in the second half that we hadn't done in the first – we got forward more, got runners off Clinton and put them under a lot of pressure. At 2-2, I really thought we could go on and win it there and then but it wasn't to be because of the penalty."

Explaining his take on the penalty decision, Bean said: "If I'm honest, I thought it caught his hand straight away and wasn't surprised when the referee blew the whistle for the penalty. It was tough on Magnus because he was jumping to try and win the ball but these days, when you raise your arms, you run the risk of referees giving those decisions.

It was really disappointing to go out of the cup on a decision like that but on this occasion, I thought he might have got it right."

As Marcus mentions, it was a disappointing way to exit the FA Cup, and it must have been more disappointing for a player whose all action display deserved more. He has been one of the most consistent players in recent weeks and at Shrewsbury last month, scored his first ever goal in U's colours in the draw at New Meadow.

That goal took thirty eight games to arrive but like London buses, the second came along much quicker. Two games later in fact, with another header, this time in the draw at Rotherham a fortnight ago. According to Bean, those goals have added confidence and he is pleased he is getting regular football and that the ball is arriving at his feet more often.

"The more you play," he explained, "the

better your overall fitness gets and the more confidence you gain. I've scored a couple of goals now as well and that gives you even more confidence in yourself. I maybe should have scored against Sheffield United as well but I shot too early. I'm relatively pleased with my performances at the moment but you can't ever rest on your laurels and there's always room for improvement.

"I'm feeling good about myself and I'm feeling good about the team. We've had a lot of injuries this season but the lads have responded really well to the setbacks and as the players come back, we should get even stronger."

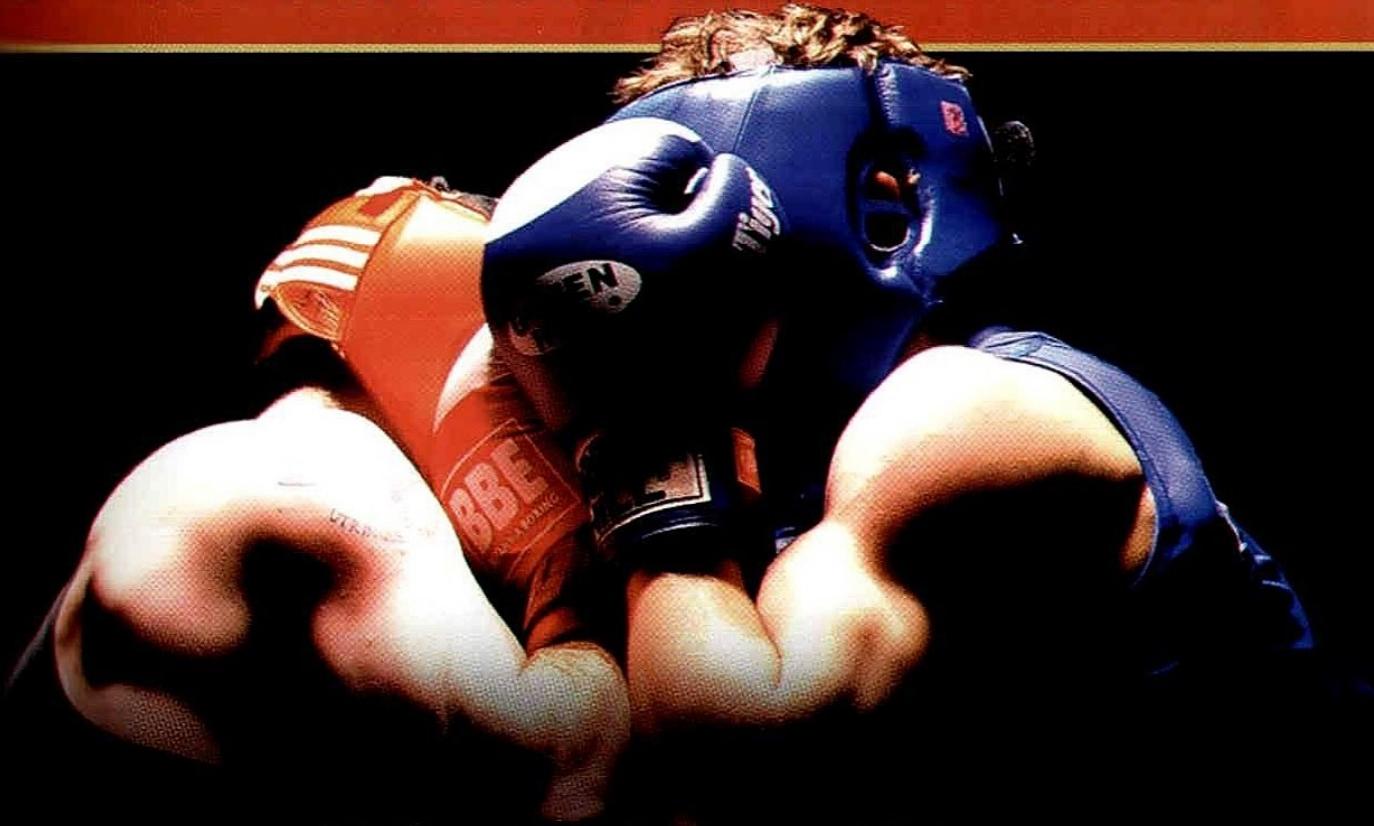
There was a warning for the injured players returning to full fitness though, as Marcus concluded: "Football success comes from having a strong squad and one of the good things for us is that we know now we have quality in reserve when we have injuries. The players coming in are doing very well and that is great for a couple of reasons."

"It means that the injured lads don't have to be rushed back, they can make sure they are completely right before they return. The other positive about the youngsters doing so well is that the injured players will have to put a real shift in, which they will do anyway, and do we ourselves to get back into the team."

"I'M FEELING GOOD MYSELF & ABOUT THE TEAM - WE'VE HAD A LOT OF INJURIES BUT RESPONDED REALLY WELL SO WE SHOULD ONLY GET STRONGER, BUT THERE'S ALWAYS ROOM FOR IMPROVEMENT"

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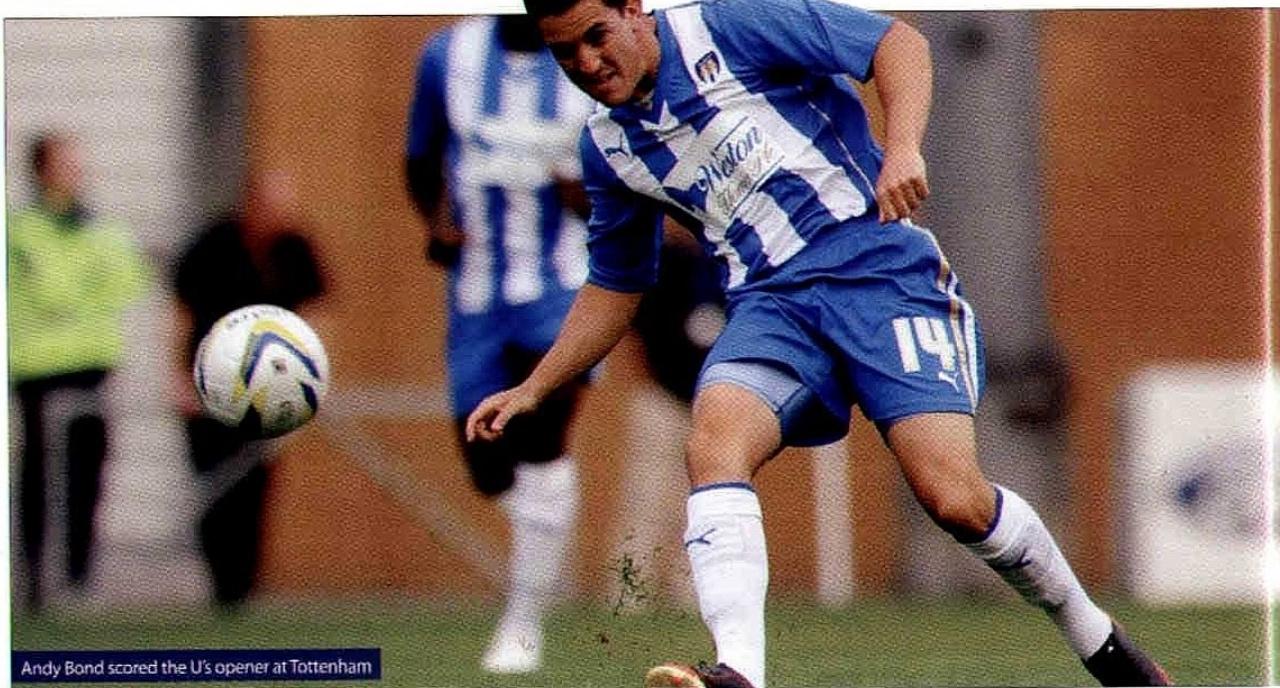
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DEVELOPMENT SQUAD



"AGAINST SPURS WE WERE CHASING THEM FOR MUCH OF THE TIME & HAD TO WORK EXTREMELY HARD TO WIN THE BALL BACK - WE THEN HAD TO SHOW BOTH QUALITY & COMPOSURE TO TROUBLE THEM DEFENSIVELY"



Andy Bond scored the U's opener at Tottenham

Welcome back for today's game, as Joe and the lads take on Swindon Town looking for three points.

The lads had the disappointment of the cup defeat last weekend, but have worked hard this week and I think the second half performance will give them the confidence to push on in the league.

Here in the development group, we were all prepared to take on Watford in our last fixture when the weather decided to put a spanner in the works.

The game was called off first thing on the Tuesday morning, the day of the game, so we got straight on the phone to see if we could arrange a game somewhere at

short notice.

We wanted a fixture to give a few of the players returning from injury another game to get themselves up to speed.

The likes of Ryan Dickson, Tom Eastman and Tosin Olufemi would all have been in and around the first team squad had they not been injured and we wanted them back as soon as possible.

Fortunately, Tottenham were able to accommodate us at their training ground and provided us with a great game, especially for those lads looking for full fitness.

With no disrespect to Great Wakering

Rovers, this was a very different proposition for our young players.

Against Wakering, we had the lion's share of possession and dictated the pace and tempo of the game.

Against Spurs, we were chasing them for much of the time, especially in the first half, and had to work extremely hard to win the ball back.

We then had to show quality and composure on the ball to trouble them defensively.

In the first half, we had to admit being second best and it was a great learning experience for our players. We possess a

lot of talent in our development squad but it was good for them to see that there is a whole other level to get to if they are to play at the higher levels of the game in their careers.

The lads stuck to their task though and we went into half time only one goal behind. Spurs made a few changes at the break and it was a younger, less experienced opposition for the second period.

We got back in the game early in the second half, when Andy Bond latched onto a mistake but we then went behind again to a dubious penalty.



The lads stayed positive though and Macauley Bonne got our second equaliser when he clipped his effort over the keeper to make it 2-2.

Sloppy play then let them in for a third but Macca scored his second to put us level for a third time. The game finished 3-3 and it was good to see those returning players I mentioned earlier get ninety minutes under their belts.

It turned out to be very important, as all three were involved in the first team game against Sheffield United seven days ago. Tom started, Ryan came on at half time and Tosin was on the bench.

Without the game against Spurs, I'm not sure they would have been ready so our thanks go to Tottenham for helping us out.

It was also important for the likes of Sammie Szmodics and Macauley Bonne to get minutes as well. Both have been coming off the bench for the first team but haven't played that many games in recent weeks.

Once again, it proved beneficial for both these youngsters, with Macca starting and Sammie coming on again last weekend.

Congratulations to Macca for his first start and first goal in the



Macauley Bonne netted yet another two goals

FA Cup, he has worked hard for his chance and deserved to be named in the starting line up.

His goal was all about his awareness of where he should be in certain situations and it was just a shame that his goal wasn't enough to get us a result in the cup.

Both he and Sammie were then involved in the FA Youth Cup match at AFC Wimbledon this week, that's how young they both still are.

Hopefully, the other youngsters are spurred on by seeing them in the first team picture and push on to do it themselves.

THE U'S ACADEMY



"WE ASKED THE LADS TO SHOW A BIT MORE COMPOSURE & TO CONTROL THE POSSESSION A BIT MORE &, AS HAS BEEN THE CASE ALL SEASON, THEY TOOK IT ON BOARD & OUR CONTROL OF THE GAME WAS BETTER"

Welcome back for this afternoon's match, as we get back to league action against a Swindon Town side that will be looking to jump into the Play-Off places.

They'll also want to put their FA Cup exit behind them but that's the case for us as well so I'm expecting a competitive match.

Three days after the first team had their FA Cup tie, it was our turn for cup action in the FA Youth Cup, First Round.

We were drawn at AFC Wimbledon and had plenty of time beforehand to prepare, with our game last weekend being called off due to a waterlogged pitch.

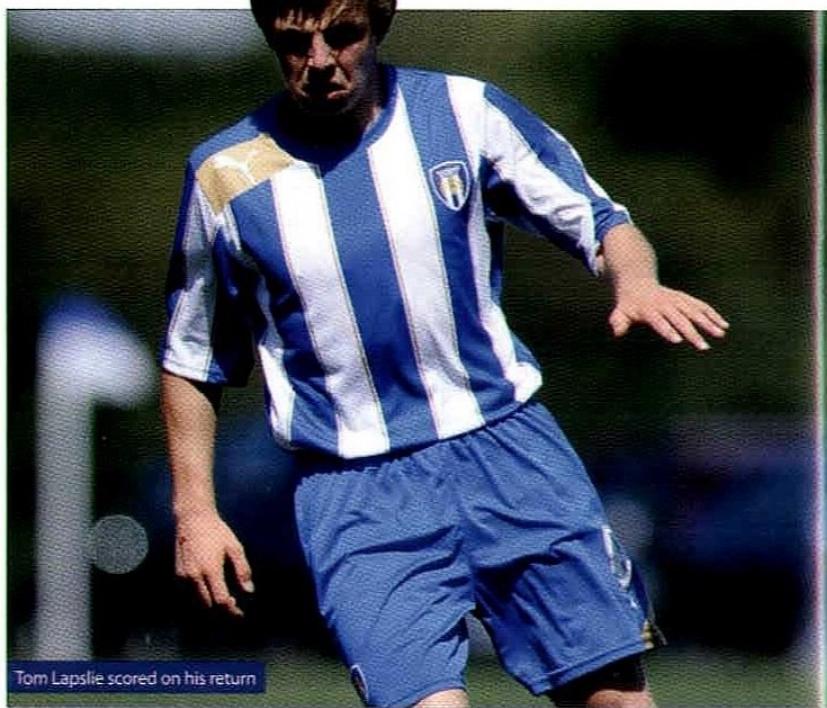
As is the norm in the FA Youth Cup, I was expecting both teams to go at it fully from the start and fortunately, we couldn't have got off to a better start.

We opened the scoring on eighteen seconds, yes seconds, when Sammie Szmodics got on the end of a Tariq Issa flick and beat the keeper in a one on one situation.

I thought the goal would settle us down a bit but the game was frenetic to say the least. It was like a basketball game, with each side taking it in turns to attack.

We were more potent than them though and after a couple more chances, we made it two on about twelve minutes.

Good work down our right ended with Callum Harrison crossing and Macauley Bonne powering home a header that gave



Tom Lapslie scored on his return

Colchester United Academy are setting up an Elite Development Centre for talented boys within Ipswich.

Venue: Suffolk One | **Day:** Friday Evenings | **Time:** 5.00pm until 6.15pm | **Age Groups:** Under 7s to Under 11s

This is an exciting opportunity for players to receive excellent coaching from experienced academy coaches and possibly get the opportunity to progress further into our Academy Environment. Players will be assessed regularly and opportunities to play development games could be possible.

These EDC centres allow players to receive extra coaching whilst still playing for their local club at no cost to the families.

During last season four players from the Ipswich Area joined Colchester's Academy with many others receiving 6 week trials. Scouts will continually work in the area looking for talented players to join our EDC in Ipswich, ensuring talented players get the opportunity to progress further their footballing ambitions.

If you wish to attend for a trial please contact Hayley Masters on 01206 755109.



Iain Szmodics opened the scoring after just eighteen seconds

their keeper no chance.

We then created, and missed, another fair few chances as we dominated proceedings but the score remained 2-0 until about half an hour into the game. Macca doubled his tally for the game as he took the keeper on in a one on one and comfortably beat him to make it 3-0.

While it looked like that goal might have killed the game off, credit to AFC Wimbledon, they didn't lay down and caused us a few problems and Ronnie Carroll had to make a couple of routine saves.

Five minutes before half time, a throughball found its way between our centre halves and Ronnie conceded a penalty as he came out to snuff out the danger. That was scored and getting a goal back certainly geed up the Dons.

Just before the break, they had a goal disallowed and it could have been a different game had we gone in at half time only one goal ahead.

During the break, we asked the lads to show a bit more calmness and

composure and to control the possession a bit more.

As has been the case all season, the lads took on board what we said and the second half was much better. We didn't score as many goals but our general control of the game was better.

The only goal of the second period came just after the hour mark, as Tom Lapslie got on the scoresheet with a free kick. It was great to see Tom back in action after seven months out injured and he obviously enjoyed his goal.

We continued to create chances and Macca was really disappointed not to have got himself a hat-trick. He went through one on one with the keeper

again but uncharacteristically, missed the target with his effort.

The game finished 4-1 and it was great to see the lads enjoying the fact that we had got through to the next round.

We had played AFC Wimbledon in pre-season and they have certainly improved in the past few months. That said, our lads have also improved and we were really pleased with the overall performance.

There was a slight downside to the game though, we did pick up a couple of injuries. Sammie felt his groin and Tariq suffered a hamstring injury - hopefully neither are too serious and the duo will be back in action very soon.

The next round is a home tie against Plymouth Argyle, which is due to be played very soon. There is already a decent carrot in front of both teams, the winners will play Aston Villa away in the third round. For now though, well done to the lads for their performance at Wimbledon.

Following that game, we added to our squad with the arrival of Patrick O'Shea.

"THE NEXT ROUND IS AT HOME TO PLYMOUTH WITH A DECENT CARROT IN FRONT OF BOTH TEAMS ALREADY, AS THE WINNERS WILL PLAY AWAY TO ASTON VILLA IN THE THIRD ROUND OF THE FA YOUTH CUP"

TONY HUMES: THE YOUTH TEAM

Last season, Patrick came over from Australia for a month or so after he was recommended to us by a contact we have over there.

He trained with us and we managed to arrange a couple of friendlies that he was able to play in. We were suitably impressed and put the wheels in motion to bring him over to join up with the squad.

What we didn't know was how slowly the wheels turned in bringing a young player to England from across the world. Getting clearance was certainly a long and arduous process that has taken almost a year.

A lot of credit has to go to our Academy Secretary Jennifer Aves and



The U18s face Plymouth in the next round of the FA Youth Cup

U18s FIXTURES & RESULTS 2013/14

DATE	OPPONENTS	COMP	RES	1	2	3	4	5	6	7	8	
AUGUST												
Sat 10	Crawley Town	A	YA	4-1	Bransgrove	Andrews	Clarke	Harrison²	Rogers	Kent	Brampton	Curtis
Sat 17	Dagenham	H	YA	3-0	Bransgrove	O'Donoghue	Clarke	Harrison	Rogers	Kent	Brampton	Curtis
Sat 24	Gillingham	A	YA	3-1	Bransgrove	O'Donoghue	Clarke	Harrison	Andrews	Kent	Brampton	Curtis
Sat 31	Leyton Orient	H	YA	2-0	Bransgrove	O'Donoghue	Clarke	Harrison	Rogers	Kent	Brampton	Curtis
SEPTEMBER												
Sat 7	Peterborough	A	LCG1	4-1	Bransgrove	Andrews	Clarke	Harrison	Rogers	Kent	Brampton	Curtis
Sat 14	Barnet	A	YA	3-1	Bransgrove	Andrews	Clarke	Harrison	Rogers	Kent	Brampton	Curtis
Sat 21	Peterborough	H	YA	3-2	Bransgrove	O'Donoghue	Clarke	Harrison	Andrews	Gardiner	Brampton	Curtis
Sat 28	Southend	H	LCG2	3-1	Bransgrove	Andrews	Clarke	James	Rogers	Gardiner	Brampton	Curtis
OCTOBER												
Sat 5	Stevenage	A	LCG3	3-1	Bransgrove	O'Donoghue	Clarke	James	Rogers	Wright	Brampton	Curtis
Sat 12	MK Dons	A	YA	5-4	Carroll	Andrews	Clarke	Blackman	Rogers	Gardiner	Brampton	Curtis
Sat 19	Gillingham	H	LCG4	3-2	Carroll	Andrews	Clarke	James	Rogers	Dunne	Brampton	Curtis
NOVEMBER												
Sat 2	Stevenage	H	YA	5-1	Bransgrove	Andrews	Clarke	Harrison	Rogers	Dunne	Brampton	Curtis
Tue 12	AFC Wimbledon	A	FAYC1	4-1	Carroll	O'Donoghue	Clarke	Harrison	Rogers	Andrews	Brampton	Curtis
Sat 16	Northampton	H	YA	10.30								
Wed 20	Plymouth	H	FAYC2	19.00								
Sat 23	Watford	A	YA	10.30								
DECEMBER												
Sat 7	Northampton	A	LC2	11.00								
Sat 14	Barnet	H	YA	10.30								
JANUARY 2014												
Sat 4	Millwall	A	YA	11.00								
Sat 11	Peterborough	A	YA	11.00								
Sat 18	MK Dons	H	YA	11.00								
Sat 25	Luton	H	YA	10.30								
FEBRUARY												
Sat 8	Stevenage	A	YA	11.00								
Sat 22	Northampton	A	YA	11.00								
MARCH												
Sat 1	Watford	H	YA	10.30								
Sat 15	Portsmouth	A	YA	11.30								
Sat 22	Southend	H	YA	11.00								
APRIL												
Sat 12	Wimbledon	H	YA	10.45								
Sat 26	Millwall	H	YA	10.45								
TBC	Luton	A	YA	TBC								



Head of Education Vanessa Osborn, who have both worked wonders with the administrative side of things.

Jen had to put all the correct paperwork in place with the relevant bodies and Vanessa had to put an education plan in place that satisfied FIFA and UEFA.

It was all understandable protocol, seeing as we were moving a young lad from one side of the world to the other to play football.

It was frustrating at times though but we and Patrick have been patient and the move has finally happened for him.

I'm sure that it will take him a little while to settle but having spoken to him at length, he can't wait to get started.

He is a strong and athletic midfielder, who is very good technically and a player who we have high hopes for. That's almost obvious because we have taken him from across the globe to make him our player.

He is with us for the next couple of years and we hope that he will push on through the youth team, U21s and eventually into the first team.

I hope you'll join me in welcoming him to Colchester, to the U's and wishing him all the best in what is a massive move for him.

By [Signature]

KEY:
Green = 1st substitute
Orange = 2nd substitute
Red = 3rd substitute
Bold = goalscorer

U18s YOUTH ALLIANCE SOUTH EAST LEAGUE TABLE

		P	GD	PTS
1	Colchester	8	18	24
2	Luton	7	10	18
3	Watford	8	9	16
4	Southend	8	5	16
5	Peterborough	7	11	13
6	Portsmouth	7	4	13
7	Gillingham	6	4	11
8	MK Dons	8	-2	10
9	Wimbledon	7	-2	10
10	Stevenage	7	-7	10
11	Leyton Orient	7	-6	6
12	Barnet	7	-6	6
13	Northampton	7	-10	4
14	Crawley	7	-11	0
15	Dagenham	7	-17	0

SALES PITCH



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ELTON JOHN HOSPITALITY: SOLD OUT!

What a few days!

We are proud to declare Elton John Hospitality a SELL OUT! Even faster than expected, bookings flew out the doors, to what was a provisional sell out in only two days!

Those lucky enough to get their hands on hospitality positions are in for a luxurious treat of fine dining and the best seats in the house.

To those who missed the boat, you will have to live and learn that booking early is the only way to avoid disappointment at the Weston Homes Community Stadium!



FEVER PITCH!

We've shifted into fifth gear in our commercial offices, as the past few weeks have had us rushed off our feet (just how we like it)!

Alongside the announcement of Elton John, our phones have been off the hook dealing with; hospitality requests, Christmas bookings, December matchdays and stadium events!

We love being this busy, so do not hesitate to give us a call even for some information on what is on offer at the Weston Homes in the coming weeks!

U'S GOLF DAY

We are excited to announce the return of Colchester United's Golf Day for April 2nd 2014!

We've pieced together a fantastic package that includes hot drinks and bacon sarnies on arrival, 18 holes across Essex's most stunning championship course and a glorious 2 course meal to reward your impressive score cards.

Sign up your team of four for only £295+VAT, and take

on our first team players in what is guaranteed to be a brilliant day out on the greens. Or why not sign up a team of three and have a Col U first timer join you for the day?

Complimentary refreshments will be available right up until the post-golf presentations as the day draws to a close.

Contact the Events team on 01206752020 for full details, bookings and sponsorship availabilities but be warned! Just with our Boxing Night, early announcements mean early bookings are a must!

WHCS LIVE SOUL

We host a Weston Homes first, with a night dedicated to Jazz Funk, Soul and Weekender Favourites!

With a fantastic combination of 3 Live DJ's and Live Soul Band, we have a late one on our hands, as doors open at 9pm and close at 2am! We are honoured to

present DRIBONE Soul Family as headliners, playing all their hits for the Col U Family! Best known for their Number 2 single 'I Love Your Smile' and Number 16 hit 'Real Love', there is no better live act to finish of a night of funk classics.

Dress to impress and dance the night away as we bring to you the best of soul at the best venue in town! Call the events team to book yourselves in for the 22nd November.

KNOW YOUR TEAM

We put a few 'what if?' questions to our Conference and Events Sales Executive, **Katie Thurgood**, for fans to get to know her a little better!

If you could only listen to one song?

The Killers - Mr Brightside. This is me and my best friends song and reminds me of a lot of fun times!

If you could buy one car, money no object?

Top of the range - Range Rover Evoque.

If you could only take one item on a desert island?

A hammock for those lazy days... take me there now!

If your house was on fire, what one item, not people, would you save?

Passport! I'd need a holiday after that!

If you could eat only one meal for the rest of your life?

Yellow Thai Curry as there's nothing better than Thai food.

If you could invite one celebrity, dead or alive to dinner?

Bob Marley. I imagine he would have some wise words!

If you could visit one place in the world you haven't been to?

New Zealand.

If you weren't an Events Sales Executive what would you be?

I would love to be a Scuba Diving teacher somewhere hot and exotic, but more realistically, I would probably stay in sales.

If you could have one superpower?

The ability to watch people work out and absorb the benefits!



LOTTERY LATEST

A big welcome to all Swindon Town fans that have made the journey across from Wiltshire today, we hope you enjoy your visit and have a safe journey home this evening.

The Robins have been one of our trickier opponents in recent years, so hopefully we can get one over them today.

**50/50 Matchday Draw
Sponsored by the Wine Company**

As ever we will be running our popular matchday draw with tickets still an inflation-busting £1 which gives you three chances to win a prize drawn at halftime at every match.

There will be a first prize of a cash amount determined by sales on the day. Second prize can be a range of things from memorabilia to hospitality and third is a U's replica home shirt signed by the day's Man of the Match.

We're proud to announce our new

50/50 draw sponsors, the Wine Company. On the back of every ticket purchased you will find a £10 off voucher on any purchase of six or more bottles of wine - a great opportunity to celebrate all of the team's victories and save money at the same time!

Pop into see them at their emporium on Gosbecks Road in Colchester (CO2 9JT) or checkout their splendid website, www.thewinecompany.co.uk.

You will see our team of good looking ticket sellers at various points around the ground, at the Ticket Office and in the Club Shop. They are also available in all areas of hospitality. As with our weekly Gold Bond Lottery all profits go towards our Youth Development Fund, so it's not just about the winning!

50/50 Draw vs. Sheffield United

1st. 1097 - £140

2nd. 0380 - 2x executive tickets for today's game with Swindon

3rd. 0942 - Replica shirt signed by Man

of the Match.

Results will be posted on our Official Website and this season will also be posted on our Twitter and Face book sites.

Gold Bond Lottery

Another way to support our Youth Development Fund is to join our Gold Bond Lottery, plus of course you also have the chance of winning up to £2,000 every week in the draw.

There are 315 prizes per week and over £300,000 is won every year.

The cost is just £1 per week and you can join direct by contacting Paul Dickinson on either 01206 755110 or 07875 962804. Alternatively email paul.dickinson@colchesterunited.net.

Membership can be paid monthly, quarterly or annually which ever suits your pocket.

Business East

Colchester 2014

The logo for Business East Colchester 2014 features the word 'Business' in a large, dark blue serif font and 'East' in a larger, bold, dark blue sans-serif font. To the right of 'East' is a stylized, colorful swoosh graphic composed of overlapping arcs in purple, blue, green, yellow, and orange. A small 'TM' symbol is located at the top right of the swoosh.

A Business Directory brought to life

Wednesday 5th March 2014



For more information on exhibiting or
visiting, call us on **01206 752 443**



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It has been one of our biggest success stories since moving to the Weston Homes Community Stadium and, in early 2014, Business East will be returning to the home of Colchester United.

On each of the two previous occasions, we've enjoyed a hugely productive day of networking and business development as companies of all sizes come to the Weston Homes Community Stadium to talk business and learn more about the current business environment.

5th March 2014 is the key date for your diaries, as the show returns for the third successive year.

Our fantastic business and conferencing facilities at the Weston Homes Community Stadium lend themselves perfectly to this event and, with hundreds of parking spaces immediately outside of the stadium itself, it's easy for visitors to come and see what you have on offer!

"We are really excited about the return of Business East to the stadium early next year," US Head of Sales Michelle Tricker told *We Are United*.

"Last year's event built on the successes of our first business show and we're looking to grow it even further for the event in March.

"We have seen a wide range of businesses, big and small, attend the show in the first two years, and we're confident that there will be plenty of companies in attendance for this year's show.

"We will be offering some great training sessions and, as always, we'll be looking for companies to put together some

great displays on their stands with some fantastic prizes on offer for the best in show."

If you are a business, do not miss the opportunity to exhibit all that you can offer, as we welcome the public to meet you face to face in a relaxed, professional atmosphere.

Get yourself in there, and get yourself out there by calling 01206 752443, for information on exhibiting and visiting.





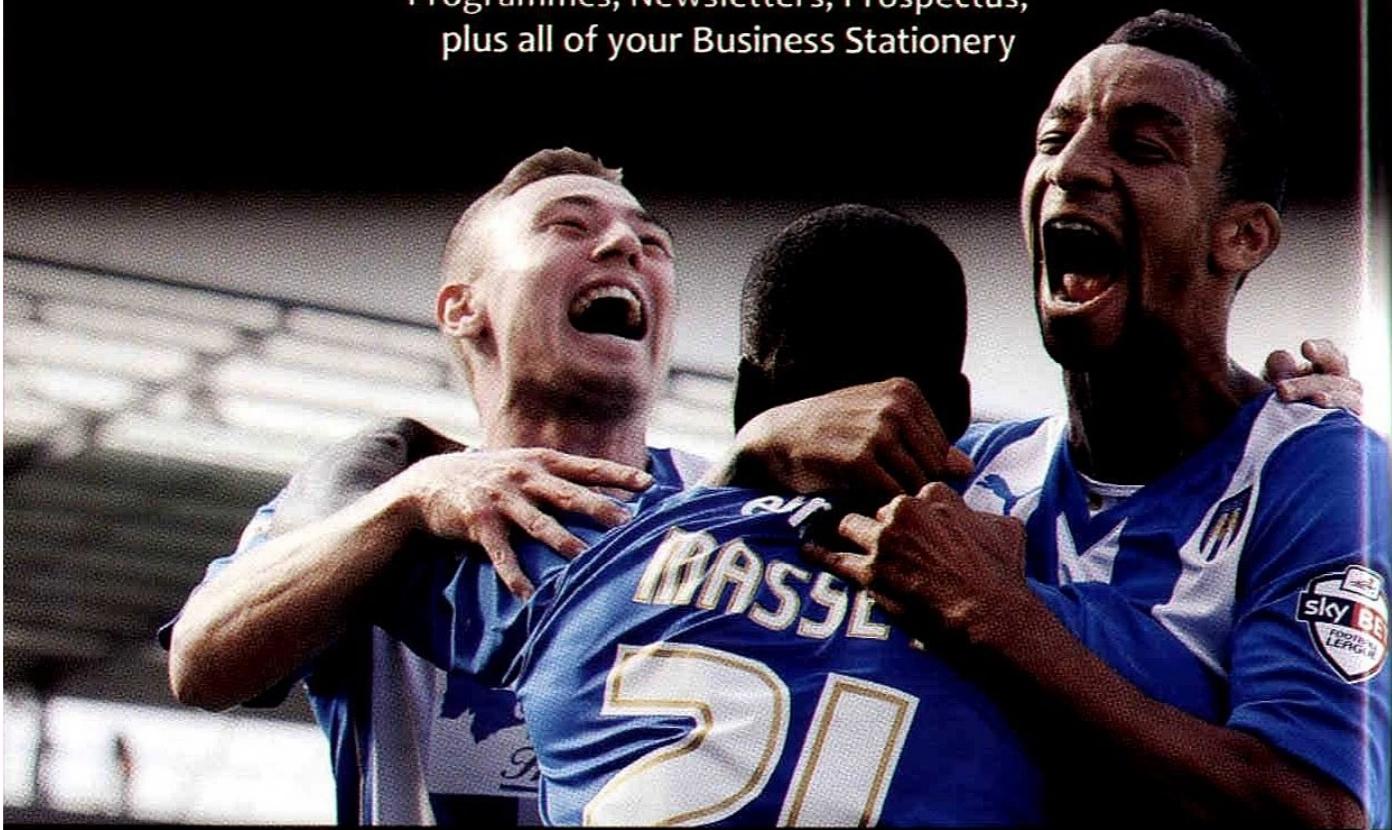
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U'S JOIN ESSEX FA FOR ANTI-BULLYING WEEK



Colchester United FC and the Essex County FA have teamed-up to support Anti-Bullying Week - which takes places this year from 18th-22nd November - and prizes including a matchday experience and a replica shirt are up for grabs as part of a Twitter competition using the hashtag #BullyFreeEssex.

Anti-Bullying Week is an annual event and this year's theme - Safe, Fun and Connected - calls on children and young people to take the lead on creating a future without bullying, using new technologies to promote positive communication rather than being held back by cyberbullying. The objectives of the week are:

to ensure all children and young people are equipped to recognise and challenge bullying behaviour wherever it happens - whether face-to-face or in cyberspace; to equip schools, colleges and youth service leaders with resources to encourage youth led anti-bullying initiatives and the positive use of new technologies to educate those who support and work with children to recognise those who may be particularly vulnerable to bullying through new technologies - encouraging an inclusive

approach to all e-safety education.

Bullying has many different forms, more commonly experienced through either mobile phones or the Internet. For some, unfortunately, bullying is a major issue, affecting their lifestyle in many ways. It can leave young people and children feeling isolated. The Essex County FA are fortunate to have a qualified workforce of volunteer Welfare Officers, who have been trained to deal with safeguarding issues, including bullying.

Further information is available from the Anti-Bullying Alliance at www.anti-bullyingalliance.org.uk, while the BeatBully website at www.beatbullying.org contains resources for those working directly with children and young people. For details on all aspects of grassroots football in Essex, visit www.essexfa.com, follow @EssexCountyFA on Twitter and search for 'EssexFootball' on Facebook.

Win Match Tickets or a Replica Shirt!

Everyone should have an understanding of bullying so they can spot if a member of their team is behaving differently. They need to know who to speak to for support.

Let's start some conversations about the

subject through this Twitter competition using the hashtag #BullyFreeEssex during Anti-Bullying Week.

We encourage and value the responses of all children and young people under the age of 18 who participate in the wonderful game. So, to win some excellent prizes, we'd like some tweets which complete the following sentence (don't forget the hashtag):

We want a #BullyFreeEssex because...

Please state your age at the end of the tweet. All entries by 5:00pm on Sunday 24th November will be entered into a competition.

The two best tweets - as judged by Essex County FA Welfare Officer, Helen Hever - will receive a set of family tickets (two adults, two children) to a Colchester United home game, with the chance to meet the players after the game.

There is an additional third prize of a voucher for a football shirt of your choice.

Plus, if you include the name of the Essex team you're involved in, you'll receive a number of #BullyFreeEssex wristbands for you and your team as well!



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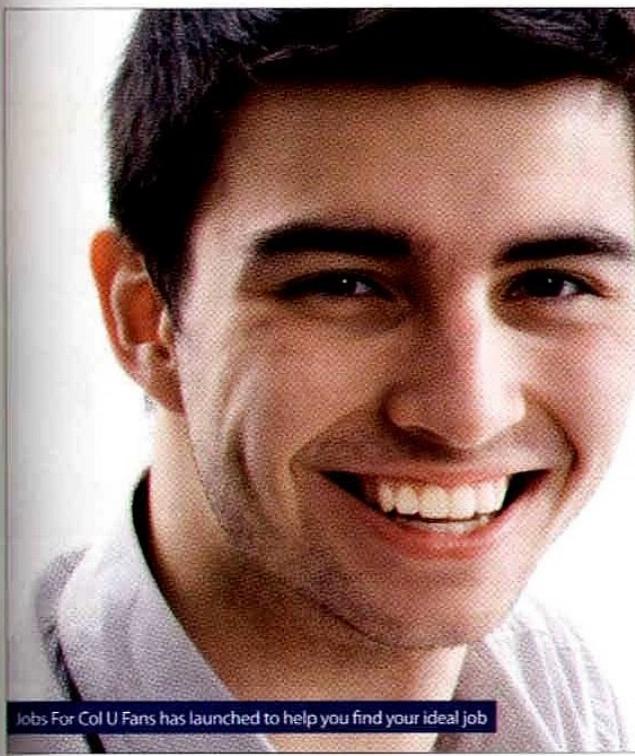
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Jobs For Col U Fans has launched to help you find your ideal job



Jobs for
Col U Fans

<http://jobs.cu-fc.com>

If you're looking to take your life in a new direction this season, then Colchester United could have a website that is just the job for you.

The U's have recently launched 'Jobs For Col U Fans', a website that will help you search for the ideal job in the local area and across the region.

Whether you're looking to move up in your current industry or trade, aiming to return to employment or whether it's a complete change of scenery, Jobs For Col U fans will be the perfect tool for you to start that search.

The site covers an extensive range of sectors across East Anglia and the London area, meaning that there's plenty of choices for you to consider as you plan the next step in your working life.

"We are pleased to offer this opportunity

to our supporters and people who follow the club," U's General Manager Tim Waddington said.

"In recent years, we have provided many different services to our supporters alongside the more obvious footballing ones, and the Jobs For Col U fans is the latest under this umbrella.

"There are some fantastic career opportunities, whether people are just starting out after leaving university or are

"IN RECENT YEARS WE HAVE PROVIDED MANY DIFFERENT SERVICES TO OUR SUPPORTERS ALONGSIDE THE MORE OBVIOUS FOOTBALLING ONES & THERE ARE SOME FANTASTIC CAREER OPPORTUNITIES HERE"

looking to progress to the next level.

"We hope that the site provides supporters of all ages with the opportunity to further their careers, and we look forward to hearing plenty of success stories in the months to come."

Getting on board with Jobs For Col U Fans really couldn't be easier. Simply complete the quick registration process on the website and you'll be able to search a broad range of jobs and careers in a variety of industries.

What's more, registering your CV with the Jobs For Col U Fans website will allow you to be seen by recruiters who could be looking for someone just like you!

The site is ready and waiting to welcome you on board, so either visit <http://jobs.cu-fc.com> or take a look on the official website for further details.

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THE LOCAL ROUND-UP

Daily
Gazette

"STANWAY ROVERS WERE INVOLVED IN ANOTHER HIGH-SCORING AFFAIR, BUT THIS TIME FINISHED EMPTY-HANDED AFTER LOSING 4-3 IN A SEVEN GOAL THRILLER, A WEEK AFTER WINNING 9-1"

Former Colchester United youngster Tom Devaux is to leave WITHAM TOWN.

The ex-Halstead Town centre-back is to quit the Ryman League Division One North club, after deciding to go travelling.

Witham assistant manager Brad King said: "We wish Tom well and he knows where we are when he comes back."

King said knowing that Devaux was going to be leaving was partly behind the decision to bring central defender Luke Olley to Spa Road.

Olley scored Witham's goal against Heybridge and King said he had been impressed by what he had seen so far.

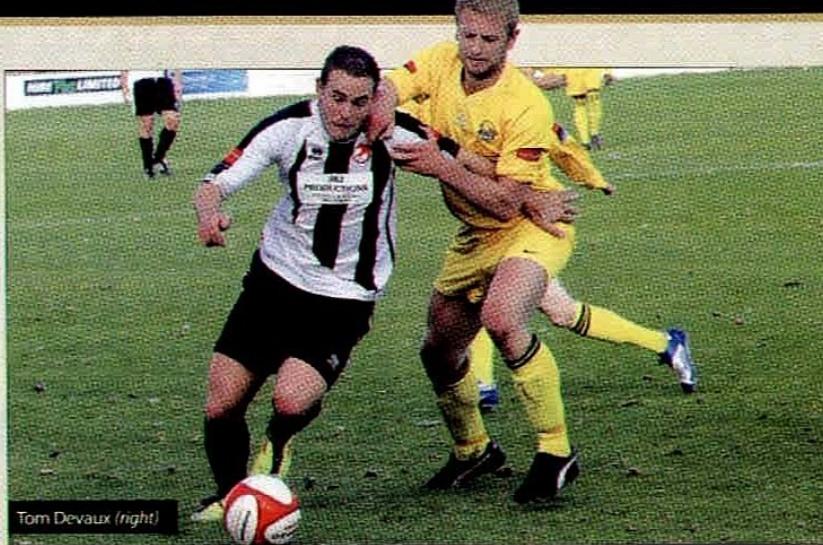
He added: "Luke is a solid centre-half and I think it's important that you have three at a club."

"We knew Tom was going travelling so that's part of the reason why we wanted to get Luke in. He has experience and has come out of a pro club with QPR."

"We have three top centre-halves and that's what you need in a squad."

Ex-Colchester youngster Russell Malton was on target for **HEYBRIDGE SWIFTS**, in their 7-2 thrashing of Wroxham, last weekend.

Meanwhile, goal kings Luke Callander and Michael Cheek, who scored two goals apiece in the rout, have rejected opportunities to leave Swifts.



Tom Devaux (right)

Callander, the top scorer in the Ryman League last season, had the chance to "double his money" at Grays Athletic.

Cheek, meanwhile, has spurned an approach from Ryman League Premier Division strugglers Leiston. Both have instead decided to nail their colours to the Swifts' mast.

Dean Wells feels **BRAINTREE TOWN'S** progress in the last few months is the reason why they are still in this season's FA Cup.

The Iron will head to Newport County on Tuesday for a First Round Replay, after drawing 1-1 at the Amlin Stadium last weekend.

Defender Wells played a pivotal role in ensuring Braintree kept out their League Two opponents in the latter stages of the tie.

Kidderminster Harriers await the winners

of the replay but Wells thinks it is a game that Braintree wouldn't have had 12 months ago.

He said: "I'll be honest, and not taking anything away from players who aren't here but I think this season there's a little more about us."

"Not more together but we're more solid as a unit. We may have lost that game (against Newport) 2-1 last season but we've come a long way in the last few months."

STANWAY ROVERS were involved in another high-scoring affair – except this time they finished empty-handed after losing a seven-goal thriller.

A week after smashing Woodbridge Town 9-1 in the Thurlow Nunn League Premier Division, Angelo Harrop's much-improved side were pipped 4-3 against Diss.



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At the Far Post

with Jim French

Rarely has a game of football contained such extremes of the good, the bad and the ugly as our First Round FA Cup defeat against Sheffield United last week.

First, let's quickly get the bad over with; namely our first half performance. We started at low tempo and allowed the Blades to find their feet, to gain confidence, and to take the game to us. Our lack of early forward momentum and slow approach work lifted the Blades. We looked incapable of building dangerously in midfield, let alone at the sharp end in the opposition penalty box.

Sheffield's players and new manager Nigel Clough must have been surprised how easy it was for them. We left the pitch at half time losing 0-2 and appearing to be out of the FA Cup, all bar the shouting. Thankfully, that is the really bad stuff over with!

Now the better, encouraging news. The teams took to the pitch for the second half saw Ryan Dickson introduced, and it was great to see him fit to complete 45 minutes after his lengthy lay-off. Ryan went to left back, unshackling Luke Garbutt to bomb forward ahead of him. He was like a turbo-charged greyhound let off the leash, and he enjoyed an outstanding second half of immense impact.

Sheffield could not suppress the brilliant Garbutt, and he created the first goal and scored the second to put us back to 2-2 with 20 minutes still remaining. It was a dream comeback and the U's were looking for a winner to put us in the draw for Round Two.

It was by no means a one man show by Garbutt. Elsewhere, Clinton Morrison continues to look like a player reborn, and he is increasingly looking like a hard man to displace from the team. It is great to see his recent resurgence as it has been many a long year since we have had a player that everyone warms to quite so much.

Macaulay Bonne provided another impressive performance, to follow his previous three

substitute appearances. The 18 year old started a game for the first time and worked continuously, initially finding good positions centrally, and then wider, including doing the ugly defensive stuff in some deep positions. He covered an immense amount of ground, but still lasted the pace.

Macaulay looks delighted to be involved, and his adrenalin must have been so high that he didn't noticeably tire, although a knock to the foot slowed him slightly and would have had lesser characters wanting to come off. His goal showed good anticipation and technique, and it's now two in two games in front of the South Stand. It is a story straight from Roy of the Rovers. I can only imagine how proud his family must be at this moment, and rightly so.

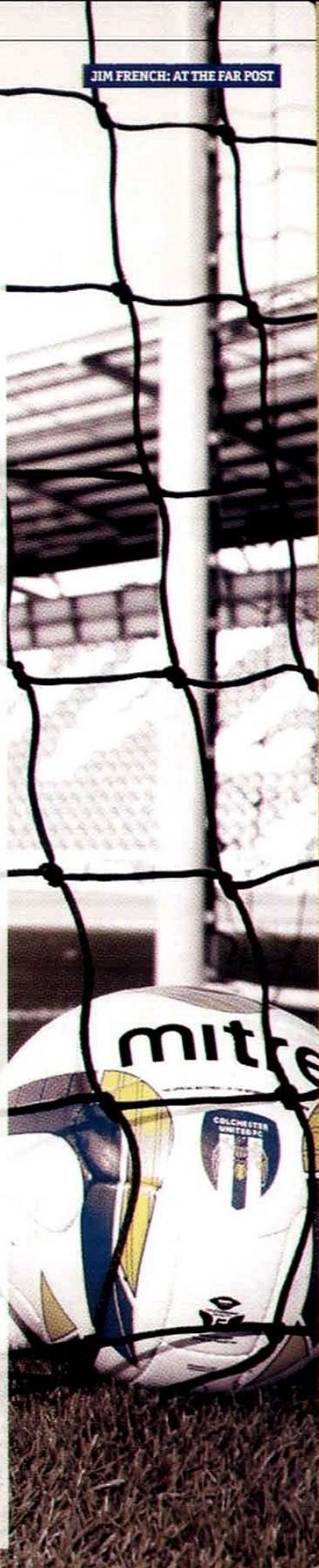
There is simply no point in adding to the thousands of words written about the Blades' winning goal from the penalty spot, which cost us the game, and a generous cheque from replay receipts. Joe Dunne said it was 'gut-wrenching', and so it was.

We still have a lengthy roll-call of players recovering from injury, and it was equally gut-wrenching to see two players in particular at WHCS last week, still in heavy plaster casts. Josh Thompson deserves some luck after his ankle operation and he must be desperate to get out there and prove his undoubted worth.

Even more so, if that were possible, is young Billy Roast who in the first year as a contracted player injured ankle ligaments at the back end of last season, worked so hard to get and back to full fitness, only to suffer the same injury and to find himself again in a heavy plaster.

Football can be cruel, so cruel, and at such times is a test of mental strength. I hope both players enjoy the luck they deserve in 2014.

We can but hope that our luck with injuries news is better over the next weeks and months, as we have much to look forward to if we play with the style we showed in the second half against Sheffield United.



JUNIOR U'S!

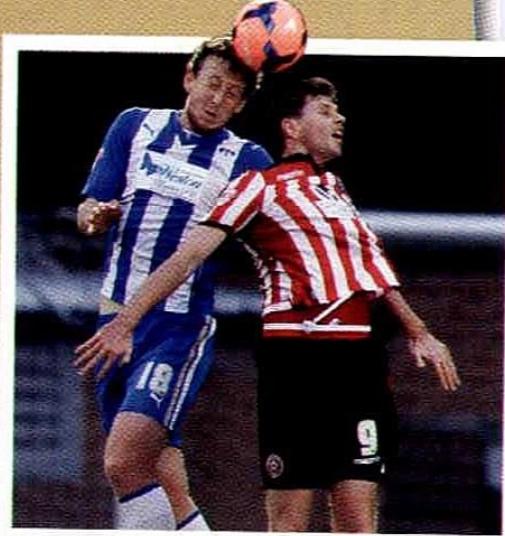
...with Eddie the Eagle!



Good afternoon all and welcome back to Colchester United for the second time in a week to watch the U's play Swindon Town!

I hope you have all wrapped up warm today as I know last weekend was the coldest in a while so I will be ensuring I have my Colchester United scarf on today.

Last time out against Sheffield United in the FA Cup it really was a game of two halves! The first half was not the best from the U's who came out rather slowly. Sheffield United took the lead when the biggest man on earth headed the ball in from a set piece.



It went from bad to worse for the U's when Magnus didn't connect correctly with his back pass which put Sheffield on the attack. Tom Eastman had three men to deal with and he managed to take the pace of the cross only for it to deflect towards Sam Walker who was unable to keep it out!

Col U went in at half time and after an inspired team talk by Joe Dunne they came out a different team! They pulled one goal back early on with a Macaulay Bonne diving header to make it 2 goals in 2 senior home games which I am sure everyone is delighted with!

"Then came the goal of the game as the ball fell to Luke Garbutt on the edge of the box - he struck it perfectly to watch the ball rifle into the bottom corner to make it 2-2, putting the game in the balance!"

Then came the goal of the game, the ball fell to Luke Garbutt on the edge of the box who struck his shot perfectly and watched it rifle into the bottom corner to make it 2-2!

The game was in the balance with both teams attacking but not being able to finish anything they created. Then came the deciding moment of the match, a ball headed across goal was judged to have been handled by Magnus and the referee gave a penalty.

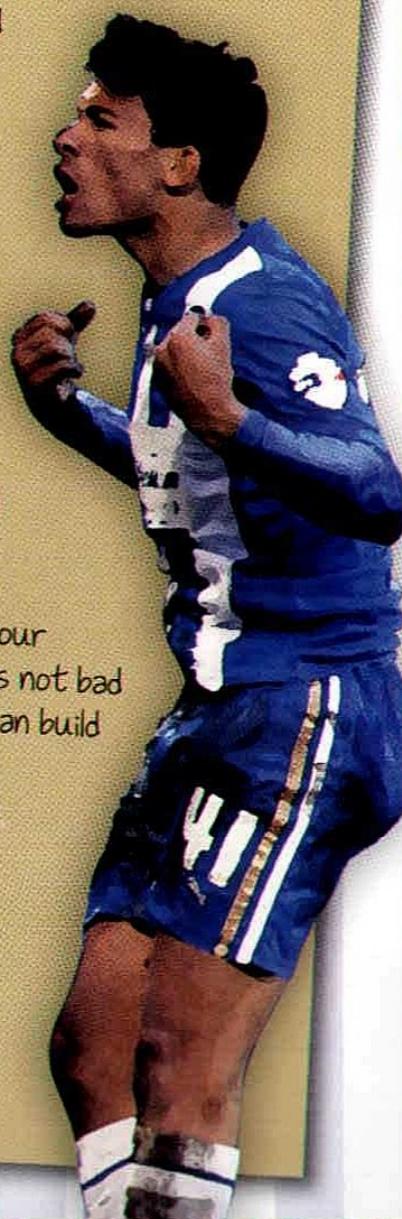
Chris Porter slotted home to make it 3-2 to Sheffield United with U's fans and players outraged at the decision! This is how the match ended and Colchester United will feel hard done by to go out of the cup.

Back to today and let's make sure we bounce back and get our league position sorted now! Only 6 points off the play-offs is not bad going with the squad we have had available so let's hope we can build on this and go from strength to strength!

Be loud and proud for Col U today!

Up the U's,
Eddie x

Prediction: U's 3-1 Swindon



JUNIOR U'S!

...with Eddie the Eagle!



Out of Focus

We've blurred a U's player in the picture below - but can you guess who it is?



Mixed Up

We've mixed up these photos of three U's players - can you name all three of them?



Connections

All three of these former U's players also played for Swindon - can you complete their names?

J_m_e C_e_on

T_y T.or.e

Mr_ Y_at.s



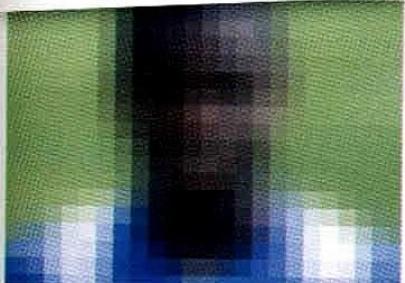
Where's the Ball? C
Who Am I? Meggins Dkorange
Connections: Jamie Cureton, Tony Horne, Mark Yeates
Mixed Up: Mark Cousins, Andy Bond, Droy Wright
Out of Focus: Alex Gilley
ANSWERS:

Why not take the time during half-time and when you get home tonight to have a go at some of the activities I have put together for you here?

Eddie x

Who Am I?

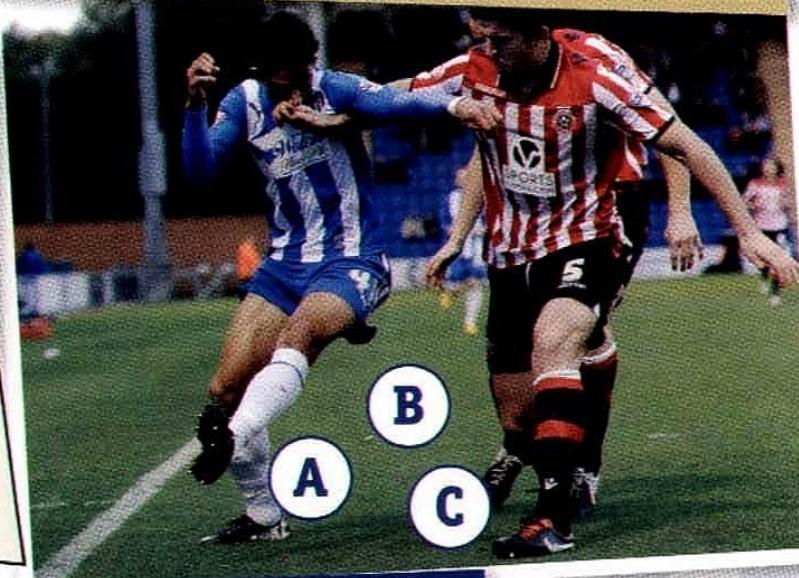
Can you work out who the U's star is based on the three clues below him?



- 1: I played for Dagenham
- 2: I've been here for a few years
- 3: I have captained the side

Where's the ball?!

Macaulay Bonne is tussling for possession last weekend - but can you help him spot the ball?



Junior Gallery!



We spotted you at one of our recent games!

Be sure to let us know if you're one of our fans of the week in today's programme!



LEAGUE ONE REVIEW



LEAGUE ONE ROUND-UP

The FA Cup got underway for all 24 League One clubs last week, with five failing to progress beyond the first round.

Swindon were the biggest scalp of the weekend as they were beaten 4-0 at Conference Premier side Macclesfield. Connor Jennings grabbed a brace, with Scott Boden and Peter Winn extending the scoreline further.

Notts County were also knocked out as they were defeated 3-2 at Hartlepool. Jack Baldwin and Luke James' double was enough to overcome the Magpies, who netted through Dean Leacock and Ronan Murray.

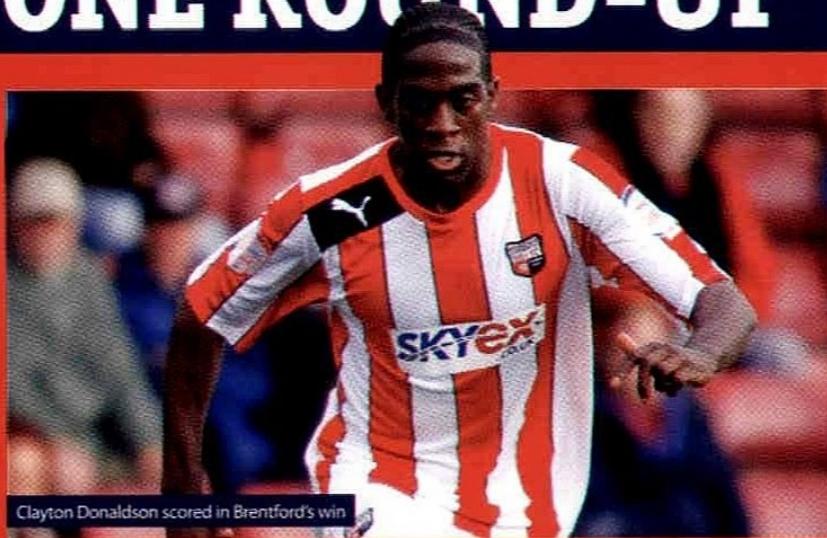
Gillingham saved their blushes with a 90th minute equaliser against Brackley Town. A Joe Martin own goal gave the visitors the lead, until Bradley Dack volleyed home to force a replay.

Carlisle also face a replay after their 0-0 draw at Boreham Wood. Graham Kavanagh's side were unable to find the net against their Non-League opponents as the match ended in a stalemate.

Crewe will face Wycombe again as the pair drew 1-1. Anthony Grant put the Railwaymen ahead, but the hosts hit back with a Paul Cowan-Hall goal.

Leyton Orient secured a comfortable 5-2 victory over Southport. Shaun Batt scored twice, with David Mooney, Lloyd James and Dean Cox adding gloss to the scoreline.

Peterborough beat Exeter 2-0. Britt



Clayton Donaldson scored in Brentford's win

Assombalonga and Nathaniel Mendez-Laing found the back of the net for Posh.

Preston thrashed Barnet 6-0. The goals came through a Paul Gallagher hat-trick, a Joe Garner brace and Tom Clarke, whilst both sides finished with ten men.

The all League One clash between Oldham and Wolves ended 1-1. Gersicic Kusunga headed the hosts in front, but Scott Golbourne levelled for Kenny Jackett's side.

Coventry secured a 3-1 victory at AFC Wimbledon. Callum Wilson drew the Sky Blues level after a goalkeeping error, before Carl Baker and a Callum Kennedy own goal confirmed the win.

Crawley avoided a replay with a late 2-1 victory at Hednesford Town. Darren Campion's own goal put the visitors ahead, but they were pegged back by an Elliott Durrell penalty. Emile Sinclair struck in the 83rd minute though to put the Reds through.

Bristol City claimed a comfortable 3-0 win over Dagenham and Redbridge. Marvin Elliott and a Jay Emanuel-Thomas double saw the Robins progress.

Brentford trounced Staines Town 5-0. In a game with five different scorers, it was an Alan McCormack penalty that put the Bees on their way to victory, with Jake Reeves and Clayton Donaldson also on the score-sheet.

MK Dons beat Halifax 4-1. Izale McLeod struck twice alongside Shaun Williams and Brendan Galloway.

Stevenage secured their second round place as they defeated Portsmouth 2-1 and Tranmere will join them after beating Accrington Stanley 1-0.

Rotherham and Walsall grabbed three goals apiece as they beat Bradford and Shrewsbury 3-0 respectively, whilst on Monday, Port Vale comfortably defeated Shortwood United 4-0.

POSH COMPLETE VASSELL DEAL

Peterborough United have signed Bishop's Stortford striker Kyle Vassell on a two-and-a-half year deal.

The 20-year-old has moved to London Road for an undisclosed fee after making his final appearance for the Bishops in their FA Cup first round defeat to Northampton Town on Sunday.

Vassell has scored 16 goals in 16 appearances this season, which has propelled the club to third in the Conference South table.

He started his career at League One side Brentford, but after progressing through the youth set-up he was released in 2011. Vassell went on to experience spells at a number of Non-League sides, including Dover Athletic,



Sutton United and Chelmsford City.

Posh have regularly dipped into the lower leagues when looking for new upcoming players, with Vassell now joining a list that includes midfielder Lee Tomlin and former players Craig Mackail-Smith and Dwight Gayle.

PLAYER OF THE WEEK: PAUL GALLAGHER

Preston North End loanee Paul Gallagher was the star man last weekend as he hit a hat-trick in his side's 6-0 thrashing of Barnet in the FA Cup first round.

Gallagher, who only moved to Deepdale from Championship side Leicester City a fortnight ago, is currently experiencing his second stint with the Lilywhites after he enjoyed a short spell at the club in the 2007/08 season.

He was in lethal form against Edgar Davids' men and it was on the stroke of half-time that the 29-year-old opened his goalscoring account. Midfielder Lee Holmes cut-in from the right to pick out Gallagher, who in acres of space took one touch to calmly slot the ball into the bottom corner.

Good work from Holmes again saw the



winger pick out the Scotsman in the box and he duly struck home for his second goal in the 68th minute.

Gallagher sealed his hat-trick after a well-timed run saw him dart away from the visitors' defence, leaving him to clip the ball over goalkeeper Graham Stack.

LATEST RESULTS

Saturday 2nd November

Bristol City 1-1 Oldham
Coventry 3-0 Notts County
Crawley 0-1 Brentford
Crewe 0-0 Bradford
Gillingham 1-0 Carlisle
MK Dons 1-0 Walsall
Peterborough 1-3 Leyton Orient
Preston 1-1 Tranmere
Rotherham 2-2 Colchester
Shrewsbury 2-0 Shifft Utd
Swindon 5-2 Port Vale
Wolves 2-0 Stevenage

Tuesday 5th November

Bristol City 2-0 Crawley
Carlisle 2-2 Wolves

LEAGUE STANDINGS

		P	GD	PTS
1	Leyton Orient	15	24	38
2	Wolves	15	19	36
3	Peterborough	15	13	32
4	Preston	15	7	27
5	Brentford	15	3	27
6	Bradford	15	10	23
7	SWINDON	15	9	23
8	MK Dons	15	4	22
9	Walsall	15	2	22
10	Rotherham	15	-1	21
11	Coventry	15	12	20
12	Port Vale	15	-3	20
13	Crawley	15	-4	19
14	COLCHESTER	15	-5	17
15	Shrewsbury	15	-1	16
16	Carlisle	15	-12	16
17	Oldham	15	-4	15
18	Gillingham	15	-6	15
19	Stevenage	15	-8	14
20	Bristol City	15	-4	13
21	Tranmere	15	-14	13
22	Crewe	15	-19	13
23	Shifft Utd	15	-10	12
24	Notts County	15	-12	10

TOP GOALSCORERS

Player	Club	Goals
1 Clarke	Coventry City	11
= Mooney	Leyton Orient	11
= Wilson	Coventry City	11
4 Bamford	MK Dons	10
= Emmanuel-Thomas	Bristol City	10
= Griffiths	Wolves	10
= Lisbie	Leyton Orient	10
8 Kedwell	Gillingham	8
= Wells	Bradford City	8
10 Assombalonga	Peterborough	7

ELTON JOHN

and His Band



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WESTON HOMES COMMUNITY STADIUM
COLCHESTER

0844 847 2441 • 0844 871 8819

ticketmaster.co.uk • seetickets.com

For Hospitality Packages call 01206 755141



**The New Album
Out Now
eltonjohn.com**

Media Partner
Gazette

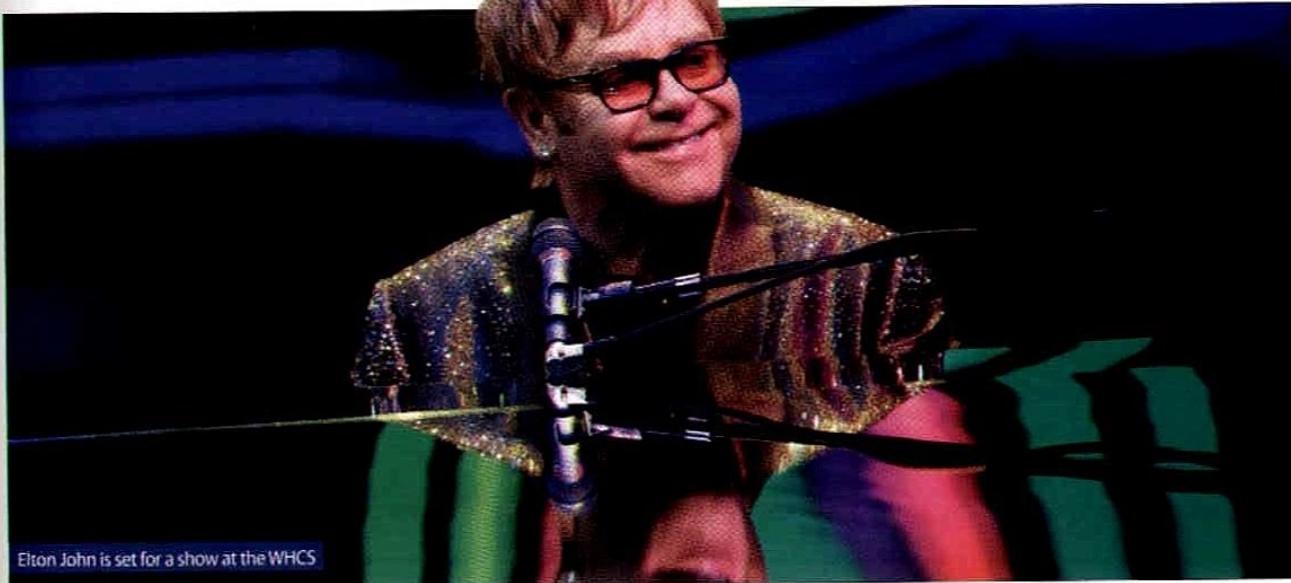


c Marshall Arts Ltd presentation in association with **ROCKET**



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ELTON JOHN ANNOUNCES COLCHESTER DATE!



Elton John is set for a show at the WHCS

He is undeniably one of the most acclaimed and adored solo artists of all time, instantaneously recognisable and cherished by his fans worldwide. This week the brilliant song craftsman has announced he will be performing three UK live dates in June next year.

On Sunday 29th June he takes to the stage Weston Homes Community Stadium, Colchester for his first ever performance in the town.

Elton commented on his new dates: "As I have said when asked about the song Home Again on my new album, The Diving Board, there is something very special to me about coming home. I've been all around the world and I truly enjoy playing my music for fans everywhere I can, but I do so look forward to coming back home to England, especially every summer when I get to perform in places I have never played before, like Colchester."

As one of the most lauded and celebrated performers, his spectacular stage shows are sought-after by audiences worldwide. The dates will include number one hits and classic songs from his remarkable 40 year career, including tracks from his recently praised album 'The Diving Board' described by The Independent as "An album that may be the best of his career". Tickets for the shows will go on sale Friday 8th November at 10am.

Tim Waddington, General Manager, Colchester United FC said of the announcement: "We are delighted to be hosting an artist of Elton John's calibre for our first concert at the Weston Homes Community Stadium.

"The past five years have seen us not only create a home on the pitch for Colchester United, but we have also created a real community hub for business and the general public for a wide range of events.

"An event of this size is testament to the work that we have done and also to Colchester's growing standing within the regional business and entertainment landscape. We are looking forward to working with our partners to deliver a successful night."

Among the many awards and honours bestowed on Elton John are five Grammys, a Grammy Legend award, Tony Award, Best British Male Artist Brit Award, induction into the Rock and Roll Hall of Fame, the Kennedy Center Honor, Legend of Live Award, 11 Ivor Novello Awards and a knighthood from HM Queen Elizabeth II for 'services to music and charitable services'. He recently became the recipient of the first ever BRIT Icon Award.

With an unparalleled career that spans five decades, Elton John is one of the top-selling solo artists of all time with 35 gold and 25 platinum albums, 29 consecutive Top 40

hits and an incredible 250-million records worldwide.

Yet his lifetime achievements are greater than just those of a successful recording artist. Through a partnership with lyricist Tim Rice came the music for the feature film and Broadway stage production of 'The Lion King'.

He wrote the music for the stage production of 'Billy Elliot: The Musical' and more recently for the box office smash, 'Gnomeo & Juliet'. In 2011 returned to Las Vegas for a three year residency with his brand new show 'The Million Dollar Piano' billed as "a gargantuan feast of music and imagery".

Plans are now under way to celebrate the 40th anniversary of the 1973 released album 'Goodbye Yellow Brick Road' later this year with a film project based on his life set for release in 2014.

Full Event Ticket Details:

Weston Homes Community Stadium
Colchester
Sunday 29th June 2014
24hr credit card hotline 0844 847 2441, 0844 871 8819
Online at ticketmaster.co.uk, seetickets.com
For Hospitality Packages call 01206 755141

For more information visit:
www.marshall-arts.com



COLCHESTER UNITED FC

Football in the Community

SCHOOLS PARTICIPATION IS WELL UNDERWAY



Colchester United Football in the Community is now well under way with the Schools participation programme this year.

Now in our second half term block of the school year our hard work in these schools has seen a rise of 40% increase in participation levels within schools since July.

This now means the Community programme is now delivering to 3,500 young children a week through school activities and local venues as well as offering a holiday programme during school holidays.

Despite being run by a football club, football isn't the only sport that we offer here at Football in the Community.

Our FA qualified coaches go in and teach many sports such as

Netball, Handball, Cricket, Basketball, Tag Rugby and Multi-Skills to name just a few.

The 25 employed coaches deliver these sports in lunch time clubs, PE lessons during school curriculum time and as after school activities.

As the year goes on here at FITC the children won't be our only focus on whom we are helping as we look to aid the school teachers become more confident in the range of sports that they are able to deliver themselves.

Feedback received from schools so far this year has been very good with Head teacher Neil Matthews from Heathlands primary school in West Bergholt saying: "The school is very pleased to be working with Colchester United's FITC. The coaches can offer a wide range of sports for all ages and I have seen our pupils grow

in confidence and ability since working with our children."

He also went on to add: "PE and sport are very important to our school and the opportunity for our pupils and staff to work with experienced coaches from the local football team is great."

Corin Haines, Community Sports Participation Manager, had to say: "Schools have successfully used this service to help improve sports provision and PE in line with primary school sports funding."

"The School Sport Programme also promotes physical development within sessions and enhances provision for physical development as advocated in Ofsted Framework."

As well as our coaches going in visiting schools we also have had Eddie the Eagle and members of the Colchester United first team squad visit the children at many different schools since the start of the Football in the Community.

Corin finished: "We believe this gives our community and schools programmes something special and unique and we are excited about helping working with pupils and their families to build stronger links with their local side."

Anyone Interested in any information related to Football in the Community can get in touch either by calling 01206 755 160 or via e-mail to fitc@colchesterunited.net.





THE ROAD TO BRAZIL 2014

with Freddie Sears

How will England get on in Brazil and how impressed were you with the final two qualifying games?

Obviously, it's going to be tough like it always is but I think we've got a good side and could do well if we click and keep our best players fit and playing well.

The big game players like Rooney, Lampard and Gerrard will be massively important for us.

The last two games have really given us a new lease of life, especially with the youngsters doing

well.

Attacking wise, we looked exciting with the likes of Townsend, Welbeck, Sturridge so we've got a great mix of youth and experience now.

Is there going to be a surprise star in the England squad next summer?

Ravel Morrison has had a great start to the season and he could be the inclusion that surprises people.

What players should we be looking out for?

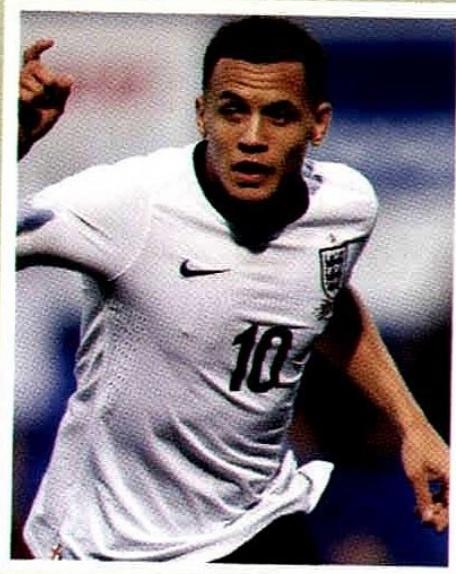
All the best players are the best because they do the business when it matters so I expect Messi, Xavi, Iniesta and Ronaldo (if Portugal make it) to shine.

I like the look of Belgium, with players like Benteke and Hazard – they could be a country to watch.

Will Wayne Rooney still be the main man for England?

Definitely, he's the best player we've got.

He's also the best number ten we've had for a



"THE LIKES OF WELBECK, STURRIDGE & TOWNSEND MEAN THAT WE LOOK GOOD GOING FORWARD WITH A NICE BLEND"



very long time and the saying's true – If Rooney plays well, England play well.

What should be England's mascot for the tournament?

It's got to be a lion.

Is this the year an African nation can get to the Final, or even win it?

An African country might not win it but there's always one that takes the tournaments by storm and does well.

Ghana look a good side and they could be the ones again this time.

What would be your dream final?

It would have to be England vs Germany, with the same result as 1966!

Do you prefer watching the games at home or down the pub?

I like to be at home but with mates round.

What has been the best World Cup game you've ever seen?

England vs Argentina, with Michael Owen's goal and Beckham getting sent off.

It was a brilliant match to watch, apart from the result obviously.

LAITTY'S U'S STATS



WHEN IT COMES TO COLCHESTER UNITED STATISTICS & RECORDS, THERE ARE FEW PEOPLE THAT KNOW MORE THAN GRAESON LAITT & HE WILL BE ONCE AGAIN GIVING US ALL THE U'S STATS DURING THE SEASON!

PREVIOUS MEETINGS

This is the 69th Football League meeting between the two clubs. The U's will be looking to level Swindon's number of victories with their 27th win today. There have been fifteen draws. Comparatively, the home record of both clubs is pretty much identical. Both teams have won eighteen of the thirty-four games they have hosted. Swindon have won nine times on Colchester soil though, compared to United's eight. And to keep the record nice and neat – the two clubs have shared two victories apiece in Cup competitions.

The scores between the two clubs in recent years have also been close with one goal separating the sides in the last three games – the Robins have won their last two visits to the WHCS 1-0 – while you have to have back to April 2009 to find the last time there was more than a goal difference between the two outfits. Anthony Wordsworth scoring twice in a 3-0 win.

PLAYED FOR BOTH

Kevin Watson – part of United's promotion winning team of 2006 – spent three seasons at Swindon Town after moving to The County Ground in 1996 on a free transfer from Spurs. He made seventy appearances for the club before he arrived at Layer Road via Rotherham & Reading.

Perhaps United's best signing from Swindon was Jamie Cureton, despite his controversial exit from Layer Road. He moved to The Robins along with another soon-to-be U's team-mate Tony Thorpe in 2005, but struggled to get a regular place in the starting line-up after a change of management. Phil Parkinson brought him to Layer Road initially on loan where he scored seven goals in ten games.

Following Town's relegation (and United's promotion) he signed on a free transfer during the summer and ended the campaign with the Championship Golden Boot following 23 goals, helping United to their highest ever finish. His hat-trick against Southend United at Roots Hall on Good Friday 2007 will live long in the memory – and remains the last hat-trick scored by a U's player.

The promotion team and Swindon connection is rounded off by Mark Yeates – now plying his trade with Parkinson at Bradford City.



ASK LAITTY

MACAULEY BONNE HAS STARTED HIS U'S CAREER WITH 2 IN FOUR APPEARANCES. WHICH YOUTH TEAM GRADUATE IS HIGHEST IN THE CLUB'S SCORING CHARTS, AND WHO MAKES UP THE TOP FIVE HOME GROWN HOTSHOTS?

For a "youth team graduate" I have included all those players that may spent a period of time as a YTS or on an Apprenticeship scheme such as they were back in the day. For Bonne, therefore, to take over as the leading youth team graduate in terms of goals scored, he's going to need to score a lot more... in fact, one hundred and forty-eight more!

Tony Adcock leads the way with 149 goals for the club having been an apprentice before making his debut in 1981. The other graduates in the top five are Ian Allinson (94 goals), Bobby Hunt (90), Steve Foley (56), and Karl Duguid on 48 goals.



B	14	15	16	17	18	19
20	21	22	23	24	25	26

ON THIS COL U DAY

- » **1946:** The U's made it through to the First Round of the FA Cup with a comfortable 5-1 victory against Gothic of Norwich. The U's were originally drawn away but Ted Fenton managed to persuade the works outfit to play at Layer Road. Dennis Cant scored twice with further goals from Curry, Cater and Dennis Hillman.
- » **1957:** The U's are on the end of a cup shock as they are beaten 1-0 at Wisbech Town. Former FA Cup winner and England International Jesse Pye scored the only goal of the game at Fenland Park in front of just under 10,000 in the First Round.
- » **1968:** United cruise through to the Second Round of the FA Cup with a 5-0 win over Chesham United at Layer Road. Danny Light and Brian Hall both score twice with local boy Terry Price rounding off the victory.
- » **1991:** The U's will have to try again after they play out a goalless draw with Exeter City at Layer Road. Alan Ball is in charge of Exeter who would go through to the Second Round on penalties following another goalless statement at St James Park. It meant that the U's were the first side to exit the competition without conceding a goal.

ASK LAITTY

AFTER DOMINIC VOSE MADE HIS DEBUT LAST SATURDAY, HOW MANY U'S PLAYERS HAVE ALSO DEBUTED FOR THE CLUB IN THE FA CUP?

There are now ten players who have debuted for the club in the FA Cup. Dominic Vose is the first to do since Casey Thomas appeared at Crewe in 2011. Simon Atangana replaced Kem Izet in a 1-0 home defeat to non-league Chester City in 2002, while Canadian Niall Thomas was also substitute in the 7-1 win over Yeading in 1994.

Two more famous names now with both going on to have long U's careers: Simon Betts lost a Second Round replay to Gillingham at Layer Road in 1992 as a substitute, while Richard Wilkins was thrown in to the fray in the replay with Bishop's Stortford in 1986. Ken O'Rourke debuted in a 5-0 win over Chesham and Fred Cutting was part of the team that beat Banbury Spencer in 1947 on the way to a famous Cup run that ended at Blackpool.

The only time two players debuted in the same FA Cup match was in 1945 when Paddy Shiels and Bob Gregg were part of a depleted U's team that lost 5-0 at Wisbech.

By virtue of being the goalkeeper in last week's cup game, **Sam Walker** became the 400th player to appear for the club in an FA Cup match. For the record, Macauley Bonne is number 401, Garbutt 402, Gilbey 403 with substitutes Dickson, Vose and Szmodics taking up numbers 404, 405 and 406 respectively.



There were some statistical oddities relating to last week's game against Sheffield United. Referee Phil Gibbs had taken charge of six previous games involving the U's stretching back to November 2009. The U's goal scoring record in those games goes 2, 0, 2, 0, 2, 0, and then the two we scored to get back on level terms. Even more odd is that our opponents in those fixtures had either not scored, or had scored twice as well. Indeed, Sheffield United were the first club in seven games refereed by Gibbs where the competing teams had either not scored or scored twice.

Cian Bolger became the 800th player to appear for the club when he made his debut for the club in the win over Peterborough at Layer Road recently. **Dominic Vose** became player number 801 when he made his substitute appearance against Sheffield United last Saturday.



PLAYER SPONSORS

1. MARK COUSINS

Home: Freedom Funerals

Away: Available

2. DAVID WRIGHT

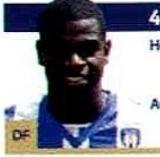
Home: Talisman Coach Lines

Away: Available

3. RYAN DICKSON

Home: R P Installations

Away: Available

4. MAGNUS OKUONGHAEHome: Snoppies Dog & Cat Grooming
01206 251941
www.snoppies.ws

Away: Available

5. JOSH THOMPSON

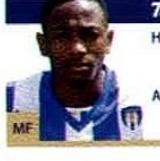
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Away: Available

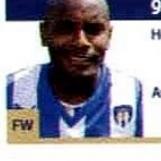
6. CRAIG EASTMOND

Home: Steve Abbott LCSS Ltd

Away: Essex Racing Club

7. SANCHEZ WATT

Home: Mark & Victoria Cutting

Away: Priority Estates
Frinton-on-Sea**9. CLINTON MORRISON**

Home: Molloy's Colchester

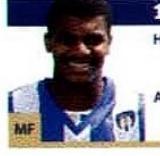
MOLLOY'S

Away: Available

11. FREDDIE SEARSHome: P Halliday Ltd
The Paving People
01255 221 864

Away: DMC Consultancy

DMC

12. JORDAN SANDERSONHome: The Blue Eagle, probably the
best fanzine in the world (once)

Away: Available

14. ANDY BOND

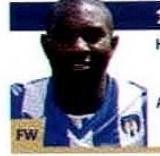
Home: Available

Away: Available

15. MARCUS BEAN

Home: Mary & Kathie Ford

Away: Available

17. JABO IBEHREHome: Michael J Byles Plumbing & Heating
01206 822 225 / 07717 012433

Away: Available

18. TOM EASTMAN

Home: Jamesons Accountants

JAMESONS

Away: Available

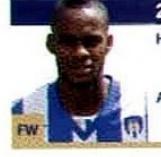
19. FREDDIE LADAPOHome: Theresa Hunt and
Kevin & Hannah Cain

Away: Available

20. BRIAN WILSON

Home: David K Edwards

Away: Available

21. GAVIN MASSEY

Home: Available

Away: Available

22. ALEX GILBEY

Home: CHAPS

Away: Available

23. TOSIN OLUFEMI

Home: CUSA

Away: Available

24. RYAN MELAUGH

Home: Available

Away: Available

25. DOMINIC VOSE

Home: Available

Away: Available

27. LUKE GARBUZZ

Home: Lauren Neal

Away: Available

29. SHAUN PHILLIPSHome: Theresa Hunt and
Kevin & Hannah Cain

Away: Available

30. DREY WRIGHTHome: GMS - Accountants
01376 574848
www.gmeworld.co.uk

Away: CHAPS

GMS



**ON THE ROAD TO:
PRESTON NORTH END**

Saturday 23rd November 2013 | Sky Bet League One | Kick-Off: 3.00pm

258 miles



37. KARL DUGUID
Home: Available

Away: Available

40. SAMMIE SZMODICS
Home: Theresa Hunt and Kevin & Hannah Cain

Away: Available

41. MACAULEY BONNE
Home: Available

Away: Available

44. SAM WALKER
Home: Akito Financial

Away: Priory Estates Dovercourt

MARK KINSELLA
Home: Available

Away: Available

JOE DUNNE
Home: Gay & Peter Hardy

Away: Peter Wright's family

By Car:
Leave M6 at Junction 31 and follow signs Left for Preston. Go up a steep hill (often a police speed trap on the hill, so stick to 30) and follow the road down to a mini roundabout (speed camera by the BP garage on the left).

At the roundabout with the Hesketh Arms turn right into Blackpool Road. Go straight on over three sets of lights and just before a fourth set, the ground appears set slightly back on the left. Parking is mainly in the streets surrounding the ground.

By Train:
Preston railway station is around a mile and a half from the ground and takes around twenty five minutes to walk, although you will pass some good pubs on the way. Otherwise, a taxi may suit you best to get to the stadium.

Ticket Prices:
Tickets for the

U's trip to Deepdale are now on sale at the U's Ticket Office, priced as follows:-

Adults: £20
Concessions (65+, Young Adults (16-18) and full time students (ID required): £14
Juniors (16 and under): £8
7 years and under: FREE, but must be booked in advance
Wheelchair/Ambulant Disabled: £20, £14, £8 (Carers: Free)

Purchases on the day at Deepdale are cash only.

Overview:
A really positive start to the League One season under Simon Grayson has given North End a real platform to build from as they look to generate a promotion push this year.

Only exceptional starts from Leyton Orient and Wolves have stopped them being higher at this stage.



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Capacity: 23,408 (all-seated)
Address: Deepdale, Sir Tom Finney Way, Preston, PR1 6RU
Main Telephone No: 0844 856 1964
Ticket Office: 0844 856 1966

FIXTURES & RESULTS 13/14



DATE	OPPONENTS	COMP	RES	ATT	VIS	POS	Mark Cousins	Shaun Phillips	Sam Walker	David Wright	Ryan Dickson	Magnus Okuonghae	Josh Thompson	Tom Eastman	Brian Wilson	Daniel Pappoe	Mason Spence	Luke Garbutt	Michael O'Donoghue	Jamie Sandles-White
AUGUST																				
Sat 3	Gillingham	A	FL1	1-0	6,792	779	6	U	GK	CM	LB	CB	U	CB	RB					
Tue 6	Peterborough United	H	CAP1	1-5	2,368	366	-	U	GK	CM	LB	CB	U	CB	RB					
Sat 10	Port Vale	H	FL1	1-0	3,201	441	4	U	GK	CM	LB	CB	U	CB	RB					
Sat 17	Sheffield United	A	FL1	1-1	17,167	240	5	U	GK	CM	LB	CB	U	CB	RB					
Fri 23	Carlisle United	H	FL1	1-1	3,573	197	5	U	GK	CM	LB	CB	U	CB	RB					
Sat 31	Leyton Orient	H	FL1	1-2	5,056	1,645	7	U	GK	CM	LB	CB	U	CB		U				
SEPTEMBER																				
Tue 3	Dagenham & Redbridge	A	JPT1	1-4	1,050	196	-	U	GK	SUB	LB	CB	CB	RB						
Sun 8	Coventry City	A	FL1	0-2	1,789	272	11	U	GK	CM	LB	CB	CB	CB	CB	SUB	LB	U		
Sat 14	Bradford City	A	FL1	2-2	13,570	189	11	U	GK	CM	LB	CB	CB	CB	RB	SUB	LB	U		
Sat 21	Crawley Town	H	FL1	1-1	3,031	291	12	U	GK	CM	LB	CB	CB	RB	U	LB	U			
Sat 28	Bristol City	A	FL1	1-1	10,739	318	13	U	GK	CM	LB	CB	RB	LB	LB		LB	U		
OCTOBER																				
Sat 5	Wolves	H	FL1	0-3	7,295	2,228	14	U	GK	CM	LB	CB	RB				LB	U		
Sat 12	Walsall	H	FL1	1-1	2,945	244	14	U	GK	LB	CB	CB	RB	SUB	LB					
Sat 19	Brentford	A	FL1	1-3	5,705	426	14	U	GK	U	CB	CB	RB	LB	LB		U			
Tue 22	Shrewsbury Town	A	FL1	1-1	4,364	112	16	U	GK	CB	LB	CB	RB	LB	LB		LB			
Sat 26	Peterborough United	H	FL1	1-0	4,149	1,090	14	U	GK	SUB	CB	CB	RB	U	LB		LB			
NOVEMBER																				
Sat 2	Rotherham United	A	FL1	2-2	7,096	217	14	U	GK	U	CB	U	RB		LB					
Sat 9	Sheffield United	H	FAC1	2-3	2,509	410	-	U	GK	U	CB	CB	CB	RB	LB		LB			
Sat 16	Swindon Town	H	FL1	15.00																
Sat 23	Preston North End	A	FL1	15.00																
Tue 26	MK Dons	H	FL1	19.45																
Sat 30	Tranmere Rovers	A	FL1	15.00																
DECEMBER																				
Sat 14	Notts County	H	FL1	15.00																
Sat 21	Oldham Athletic	A	FL1	15.00																
Thu 26	Stevenage	H	FL1	15.00																
Sun 29	Crewe Alexandra	H	FL1	15.00																
JANUARY 2014																				
Wed 1	MK Dons	A	FL1	15.00																
Sat 4	Port Vale	A	FL1	15.00																
Sat 11	Gillingham	H	FL1	15.00																
Sat 18	Carlisle United	A	FL1	15.00																
Sat 25	Sheffield United	H	FL1	15.00																
Tue 28	Shrewsbury Town	H	FL1	19.45																
FEBRUARY																				
Sat 1	Peterborough United	A	FL1	15.00																
Sat 8	Rotherham United	H	FL1	15.00																
Sat 15	Swindon Town	A	FL1	15.00																
Sat 22	Preston North End	H	FL1	15.00																
MARCH																				
Sat 1	Leyton Orient	A	FL1	15.00																
Sat 8	Coventry City	H	FL1	15.00																
Tue 11	Bradford City	H	FL1	19.45																
Sat 15	Crawley Town	A	FL1	15.00																
Sat 22	Bristol City	H	FL1	15.00																
Tue 25	Wolves	A	FL1	19.45																
Sat 29	Notts County	A	FL1	15.00																
APRIL																				
Sat 5	Tranmere Rovers	H	FL1	15.00																
Sat 12	Stevenage	A	FL1	15.00																
Fri 18	Oldham Athletic	H	FL1	15.00																
Mon 21	Crewe Alexandra	A	FL1	15.00																
Sat 26	Brentford	H	FL1	15.00																
MAY																				
Sat 3	Walsall	A	FL1	15.00																

KEY:

U = Unused substitute, ● = 1st substitute, ○ = 2nd substitute,
 ■ = 3rd substitute, **Bold** = Goalscorer, /■ = Yellow/Red Card



	CM	CM	CM	CM	CM	RW	U	PW	SB	LW
	CM	U	SB	CM	RM	RW	LM	U	RW	
	CM	U	RW	CM	U	CM	U	U	U	SB
CB	CM	U	RW	CM	U	DUB	SB	LW	RW	SB
CB	CM	U	SB	RW	CM	DUB	SB	LW	RW	U
CB	CM	U	SB	RW	CM	U	SB	LW	RW	SB
CB	CM	U	SB	RW	CM	U	SB	U	RW	SB
CB	CM	U	SB	RW	CM	U	SB	U	RW	SB
CB	CM	U	SB	RW	CM	U	SB	U	RW	SB
CB	CM	U	SB	RW	CM	U	SB	U	RW	SB

CB	CM	CM	CM	CM	FW	FW	U	FW	FW	FW	SUB
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CB CM SUB CM LW RW SUB FW U FW SUB CM LW CM RW CB SUB FW VAR FW

MK DONS



NEXT HERE: MK DONS

TUESDAY 26TH NOVEMBER 2013 | SKY BET LEAGUE ONE | 7.45PM

How would you sum up the Dons season so far?

This season has very much been a mixed bag. Dons have finally got a goal-scorer who is capable of scoring 30 a season, but no-one else seems to be joining in!

Injuries are still rife, away form has been dodgy, but I don't think anyone went into the season with huge expectations.

With a third of the season gone, they're well placed for a play off push, but their away record looks like it could be a concern. What would you put the away form down to?

I'd love to know!

There have been some bizarre results - losing to Peterborough when they were down to nine men, going 2-0 to Gillingham with 10 men and fighting back, but ultimately losing, then dominating against Tranmere but losing.

They just need a bit of luck, as cliched as that sounds.

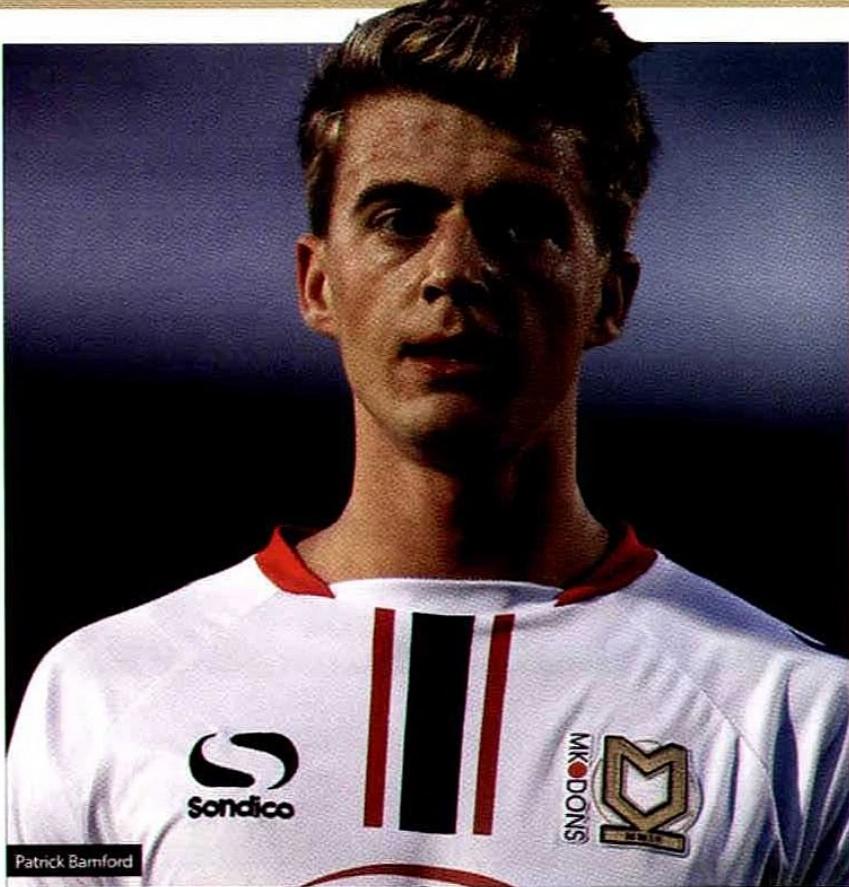
Which players have stood out in the games to date?

Patrick Bamford has been sensational this season.

He began to show what he's capable of towards the end of last season but has come of age in the last couple of months.

He can score all sorts of goals, he was player of the month for October and I hope he can carry it on.

The top three have built up a fair advantage, is the Dons' sole focus



Patrick Bamford

now to ensure they're in the top six?

Karl Robinson and his players have always been cagey when I've asked them about expectations this season.

Having spent no money again in the summer and playing a team largely made up of players under 23, I think a top half finish would be solid.

A play-off spot would be a huge success.

Which of the teams you've played so far have impressed you?

We went to Leyton Orient earlier in the

season, and honestly, they didn't look that much better than Dons.

They've got consistency, which I think some teams lack, but no-one has been head-and-shoulders better.

Perhaps if Posh could keep all their men on the field, we'd have seen their attacking prowess.

It's a very tight league, again.

Questions answered today by **Toby Lock**,
of the MK Citizen



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Col U Fans

<http://jobs.cu-fc.com>





COLCHESTER UNITED

Manager: Joe Dunne

<input type="checkbox"/>	<input checked="" type="checkbox"/>	01	Mark Cousins
<input type="checkbox"/>	<input checked="" type="checkbox"/>	02	David Wright
<input type="checkbox"/>	<input checked="" type="checkbox"/>	03	Ryan Dickson
<input type="checkbox"/>	<input checked="" type="checkbox"/>	04	Magnus Okuonghae
<input type="checkbox"/>	<input checked="" type="checkbox"/>	05	Josh Thompson
<input type="checkbox"/>	<input checked="" type="checkbox"/>	06	Craig Eastmond
<input type="checkbox"/>	<input checked="" type="checkbox"/>	07	Sanchez Watt
<input type="checkbox"/>	<input checked="" type="checkbox"/>	09	Clinton Morrison
<input type="checkbox"/>	<input checked="" type="checkbox"/>	11	Freddie Sears
<input type="checkbox"/>	<input checked="" type="checkbox"/>	14	Andy Bond
<input type="checkbox"/>	<input checked="" type="checkbox"/>	15	Marcus Bean
<input type="checkbox"/>	<input checked="" type="checkbox"/>	17	Jabo Ibehre
<input type="checkbox"/>	<input checked="" type="checkbox"/>	18	Tom Eastman
<input type="checkbox"/>	<input checked="" type="checkbox"/>	20	Brian Wilson
<input type="checkbox"/>	<input checked="" type="checkbox"/>	21	Gavin Massey
<input type="checkbox"/>	<input checked="" type="checkbox"/>	22	Alex Gilbey
<input type="checkbox"/>	<input checked="" type="checkbox"/>	25	Dominic Vose
<input type="checkbox"/>	<input checked="" type="checkbox"/>	27	Luke Garbutt
<input type="checkbox"/>	<input checked="" type="checkbox"/>	30	Drey Wright
<input type="checkbox"/>	<input checked="" type="checkbox"/>	37	Karl Duguid
<input type="checkbox"/>	<input checked="" type="checkbox"/>	38	Elliot Lee
<input type="checkbox"/>	<input checked="" type="checkbox"/>	39	Cian Bolger
<input type="checkbox"/>	<input checked="" type="checkbox"/>	44	Sam Walker

DEVELOPMENT SQUAD

<input type="checkbox"/>	<input checked="" type="checkbox"/>	12	Jordan Sanderson
<input type="checkbox"/>	<input checked="" type="checkbox"/>	19	Freddie Ladapo
<input type="checkbox"/>	<input checked="" type="checkbox"/>	23	Tosin Olufemi
<input type="checkbox"/>	<input checked="" type="checkbox"/>	24	Ryan Melaugh
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	26	Mason Spence
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	28	Jack Simmons
<input type="checkbox"/>	<input checked="" type="checkbox"/>	29	Shaun Phillips
<input type="checkbox"/>	<input checked="" type="checkbox"/>	31	Conor Hubble
<input type="checkbox"/>	<input checked="" type="checkbox"/>	32	Tom Lapslie
<input type="checkbox"/>	<input checked="" type="checkbox"/>	33	Billy Roast
<input type="checkbox"/>	<input checked="" type="checkbox"/>	34	Nnamdi Nwachukwu
<input type="checkbox"/>	<input checked="" type="checkbox"/>	35	Michael O'Donoghue
<input type="checkbox"/>	<input checked="" type="checkbox"/>	40	Sammie Szmodics
<input type="checkbox"/>	<input checked="" type="checkbox"/>	41	Macauley Bonne



SWINDON TOWN

Manager: Mark Cooper

<input type="checkbox"/>	<input checked="" type="checkbox"/>	01	Wes Foderingham
<input type="checkbox"/>	<input checked="" type="checkbox"/>	02	Nathan Thompson
<input type="checkbox"/>	<input checked="" type="checkbox"/>	03	Nathan Byrne
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	04	Massimo Luongo
<input type="checkbox"/>	<input checked="" type="checkbox"/>	05	Grant Hall
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	06	Tijane Freitas Reis
<input type="checkbox"/>	<input checked="" type="checkbox"/>	07	Ryan Harley
<input type="checkbox"/>	<input checked="" type="checkbox"/>	08	Ryan Mason
<input type="checkbox"/>	<input checked="" type="checkbox"/>	09	Nile Ranger
<input type="checkbox"/>	<input checked="" type="checkbox"/>	10	Andy Williams
<input type="checkbox"/>	<input checked="" type="checkbox"/>	11	Alex Pritchard
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	12	Dany N'Guessan
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	14	Jay McEveley
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	15	Yaser Kasim
<input type="checkbox"/>	<input checked="" type="checkbox"/>	16	Mark Francis
<input type="checkbox"/>	<input checked="" type="checkbox"/>	17	Connor Waldon
<input type="checkbox"/>	<input checked="" type="checkbox"/>	18	Alex Ferguson
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	19	Louis Thompson
<input type="checkbox"/>	<input checked="" type="checkbox"/>	20	Miles Storey
<input type="checkbox"/>	<input checked="" type="checkbox"/>	21	Alex Smith
<input type="checkbox"/>	<input checked="" type="checkbox"/>	22	Darren Ward
<input type="checkbox"/>	<input checked="" type="checkbox"/>	23	Jack Barthram
<input type="checkbox"/>	<input checked="" type="checkbox"/>	24	Lee Cox
<input type="checkbox"/>	<input checked="" type="checkbox"/>	25	Tyrell Belford
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	26	Aaron Oakley
<input type="checkbox"/>	<input checked="" type="checkbox"/>	27	Harry Agombar
<input type="checkbox"/>	<input checked="" type="checkbox"/>	28	Luke Rooney
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	29	Raphael
<input type="checkbox"/>	<input checked="" type="checkbox"/>	30	Leigh Bedwell
<input type="checkbox"/>	<input checked="" type="checkbox"/>	31	Paul Benson
<input type="checkbox"/>	<input checked="" type="checkbox"/>	32	Alan Navarro
<input type="checkbox"/>	<input checked="" type="checkbox"/>	33	Nicky Ajose
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	34	Mohamed El-Gabbas
<input type="checkbox"/>	<input checked="" type="checkbox"/>	35	Kayden Jackson
<input type="checkbox"/>	<input checked="" type="checkbox"/>	37	Ryan Wood
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	38	Liam Walsh
<input type="checkbox"/>	<input checked="" type="checkbox"/>	41	Troy Archibald-Henville

MATCH OFFICIALS

Referee:
Mr G Horwood (Bedfordshire)

Assistants:
Mr A Aylott
Mr O Sally

Fourth Official:
Mr W Norcott

LEAGUE 1 FIXTURES

Today

Brentford v Crewe
Carlisle v Crawley
U's v Swindon
Leyton Orient v Preston
Notts County v Wolves
Oldham v MK Dons
Port Vale v Shrewsbury
Sheff Utd v Gillingham
Stevenage v Rotherham
Tranmere v Bristol City

Sunday 17th November

Bradford v Coventry

Monday 18th November

Walsall v Peterborough

NEXT HERE



MK Dons

Tuesday 26th November 2013
Kick-off: 7.45pm
Sky Bet League One

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